



Chislehurst School for Girls

Weekly News 18th September 2026



Dear parents, carers,

Sports and Music are well and truly up and running again for the Autumn Term and this week marked two **football victories for our ever-successful U14 team**. They're through to the next round in **The English Schools' FA Cup** and the **Kent Cup**. A Huge congratulations to the team. It will be the chance of the **U13 team** next week.

Our assemblies this week concentrated on the theme of PSHE with contributions from staff and students alike and some impressive public speaking from three of our youngest girls who embodied the '**Chislehurst spirit**' by getting stuck into their public speaking straight away- very impressive it was too. A huge thank you to every student who stayed behind to act as tour guides or support their teachers in Departments across the school for our **annual Open Evening**. We have been rather inundated with wonderful emails from some of our visitors last night regaling stories of how impressive their tour guide were, what care they took and the way that they made their daughters feel so relaxed and 'at home' in our school. I will include an extract from just one to bid you all a lovely weekend.

"We felt compelled to write to you following such a wonderful experience at the school this evening. We visited with our daughter, as we begin looking at her choices for next summer. ..we have attended many school open evenings and tours before but never experienced such a great tour at the hands of the student guides.

*We particularly wanted to recognise the fantastic young guides who really brought the evening to life for us. *** and *** from Year 8, along with a third young lady whose name unfortunately we didn't catch, were quite superb. They were warm, confident, personable and incredibly enthusiastic – wonderful examples and ambassadors for your school.*

We actually said afterwards that if our daughter develops even half of that level of confidence and people skills after her first year at secondary school, we would be absolutely over the moon. The girls really impressed us, and we felt they thoroughly deserved some recognition and praise." With thanks to the lovely parents who took the time to email in, and we will be sure that their praise reaches the right girls next week.

With my very best wishes to you all,
Mrs French,
Headteacher

What an amazing PSHE assembly we had this week!



Our assembly was a fantastic opportunity to learn about the key elements that we learn about in our PSHE lessons, including personal stories of **women's rights, relationships, careers, safeguarding, wellbeing, personal finance, equality, diversity and inclusion and careers**. The assembly was also interactive, with **our new Year 7 pupils presenting an informative role play** with great confidence! It was wonderful to see so many students listening carefully, contributing confidently and showing a real understanding of the messages being shared. We discussed the importance of knowing British Values and the Protected Characteristics under the Equality Act to make us responsible citizens. Our new **PSHE Ambassadors** were awarded their special badges and we look forward to them becoming more involved in Personal Development and PSHE in our school.

It was an inspiring and memorable assembly, and we hope everyone left feeling positive, confident and ready to make a difference.

A huge well done to everyone who took part!

This week, we have also looked at the importance of giving consent in our **Thought for the Week** as part of Relationships and Sexual Health Education. This is an incredibly important part of understanding personal boundaries and healthy relationships. Please note that parents continue to have the legal right to withdraw student from sex education, however, parents must put this in writing to me at asinger@chsfg.lumero.org.

We continue to make PSHE an important part of developing the whole child, in an age-appropriate and relevant way, as part of our Personal Development Programme.

Ms Singer





7-1 victory

U14 ESFA Cup: A Fantastic Start!

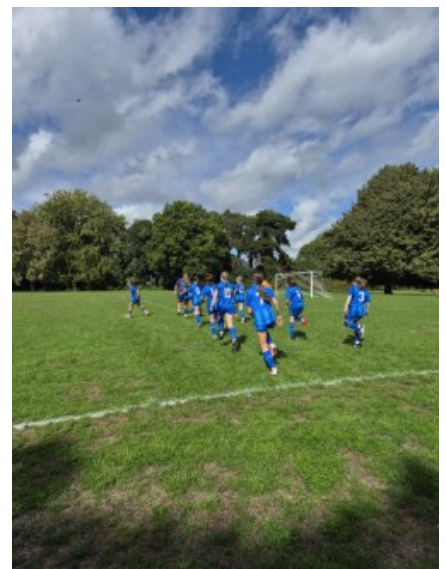


On Monday 14th September, our **U14 football team** travelled to **St Augustine Academy** in Maidstone for the first round of the **ESFA Cup**. Miss Walker and I took the squad down for an afternoon of football and what turned out to be a fantastic team performance.

It took us a little while to get going. It had been some time since the girls had all played together, and this was also the first time the squad had played 11-a-side together. The weather also took us by surprise, with the sun shining and temperatures rising on a large pitch that had clearly felt the effects of the long, dry summer.

We started slowly and found ourselves 1-0 down after a long ball over the top and a mix-up at the back allowed their striker to slot the ball home. At that point, I was a little worried, but I also knew this team had so much more to show. I was confident they would respond and fight their way back into the game. We soon began creating some fantastic chances and, despite missing a couple of early opportunities, the breakthrough eventually came. **Izzy W** stepped up to take a penalty and calmly slotted it home to bring us level at 1-1.

The girls then produced a brilliantly worked second goal before half-time, playing some fantastic passing triangles down the right-hand side before delivering a cross into the box that was finished superbly, sending us into the break 2-1 ahead.



At half-time, we decided to change things around. **Sophia**, who had played at the back throughout the first half, moved up front and certainly made the most of the opportunity, going on to score an incredible hat-trick! **Izzy W** dropped into defence and helped keep things solid at the back, while **Freya** also got herself on the scoresheet with a fantastic long-range effort that flew over the goalkeeper's head.

The girls continued to grow in confidence as the game went on, playing some excellent football and working brilliantly for one another.

The final whistle brought a **fantastic 7-1 victory and a place in the next round of the ESFA Cup!**

A huge well done to the whole squad. After a difficult start, the character, determination and teamwork they showed to turn the game around was brilliant to see. We can't wait for the next round!

Mr Hunnisett

4-0 victory

U14 Girls March into the Next Round!

On Wednesday 16th September, our **U14 girls** travelled to **Dartford Science and Technology College** for the next round of the **KSFA competition**. With this being their second game in just three days, the girls went into the match with a much better understanding of how we wanted to play and were ready to build on Monday's performance.

Conditions were challenging, with the recently relaid pitch extremely dry and bobbly, but the girls adapted brilliantly. We started the game really strongly, keeping the opposition pinned inside their own half and creating several chances. Their goalkeeper was in fantastic form, pulling off a number of excellent saves to keep the score at 0-0.

The breakthrough eventually came after a shot struck the inside of the post and travelled across the face of goal, where **Lilian S** was on hand to slot it home and give us a deserved lead.

Paige C then came on and immediately added even more pressure to the opposition's back line. Our quick closing down paid off, with **Paige** finding herself in a great position before calmly finishing at the near post to make it 2-0.

In the second half, we reverted to Monday's game plan, with **Sophia F** moving up top. She made an immediate impact, firing home two fantastic, well-struck goals to put the game beyond doubt. The final whistle brought a **brilliant 4-0 victory**, securing our place in the next round of the KSFA competition.

A fantastic performance and a fantastic week of football for the U14 girls. Two games in three days, plenty of goals and another excellent team performance. Well done to the whole squad!

U14 Squad

Sophia F, Sofia C, Darcy P, Freya W, Izzy W, Issy S, Elsie R, Bella P, Polly W, Lilian S, Megan H, Allegra G and Paige C.

Mr Hunnisett

Hockey at CHSFG

Hockey has launched at CHSFG!!

Some of our **Year8 students** have started a new sport in their PE lessons this week!

If you are interested in joining Hockey Club, which will run on Wednesday's after school, look out for more info soon!

Mrs K Walker



Songfest 2026

Year 7 Songfest is taking place on **Wednesday 14th October**. This is Year 7s first opportunity to perform in a concert at Chislehurst School for Girls. It is also their first performance assessment! All Year 7 have been busy learning a selection of songs in their Music lessons which they will be performing in the concert.

Parents and carers are welcome to attend the concert which starts at 4pm and lasts for approximately an hour. A letter has gone out this week with further details about the event and how to reserve a ticket. Tickets can only be reserved through **Eventbrite** using the link below and go on **sale at 6.00 pm today**. We are initially limiting tickets to one seat per student to allow as many of our young people to be supported as possible.

[Click here to purchase Songfest tickets](#)

We do hope to see as many of you as possible on Wednesday 14th October for your daughters' first (and hopefully not last!) concert at our school.

Miss Lowing



Guys and Dolls Jr Auditions

The auditions for this year's production of **Guys and Dolls Jr** is taking place on **Tuesday 22nd to Thursday 24th September**. All information including the audition material and sign-up form can be found on Class Charts. Students auditioning **must attend all 3 nights** of auditions to be considered for a part.

Good luck to everyone auditioning!

The Production Team



**Chislehurst School for Girls
presents...**



Auditions!

**Tuesday 22nd - Thursday
24th September 2026**

All year groups welcome
To sign up and for more information please
see Class Charts announcement



Holocaust Trust Visit



For a second year running **The Holocaust Trust (Testimony 360)** came to our school to deliver workshops with our **Year 11s** and **A level RS and History students**. The team delivered a 2.5-hour workshop to a class of up to 34 students in the morning, repeating this for a second group of up to 34 students in the afternoon. Throughout the workshop, students used interactive eyewitness testimony and Virtual Reality (VR) technology. They were able to ask their own questions of Holocaust survivors via pre-recorded interactive testimonies and explore recordings of the

sites where the Holocaust took place, all without leaving the classroom. On this occasion we learnt about the Holocaust experience of Susan Pollack. Susan survived the concentration camp Auschwitz, the death march to Bergen-Belsen, and lost most of her relatives during this time. It is really a remarkable story of resilience and survival.

Those who led the sessions were very impressed with the well thought out questions and discussions that took place. Both RS and History students use units of study that link to the topics covered in this workshop. All students found the session very valuable and an experience I am sure they will remember for years to come.

Ms Cohen



Headteacher's Break time reception



Mrs French was delighted to welcome **Emily, Dinah, Hattie, Eva, Verity, Alannah, and Scarlett, from Year 7** who joined together for this week's Break time reception. There was a lot of laughter and Mrs French was entertained by stories of hobbies, interests and as always, the subject of pets! We also concluded that the apple juice is a lot more popular than the orange juice!

YOUNG GREENWICH



SCHOOL NURSE DROP IN WITH PRISCILLA EVERY THURSDAY IN THE SAFEGUARDING OFFICE



DURING BREAK AND LUNCH TIME



I CAN OFFER 1:1 SUPPORT AND ADVICE IF YOU ARE WORRIED OR HAVE QUESTIONS ABOUT ANY OF THESE THINGS:

- General health issues
- Relationships
- Diet and exercise
- Weight worries
- Growing up
- Sexual health issues

Artist OF THE Week



We are delighted to begin the new school year by celebrating **Tia A, Year 11** as our first **Artist of the Week**. Tia has created an outstanding artwork inspired by the styles of renowned cartoonists Bill Watterson and Hergé. Demonstrating both creativity and technical skill, she carefully drew each of her classmates by hand before scanning her illustrations into Clip Studio Paint. She then dedicated over 15 hours to meticulously adding colour, detail and lighting effects, bringing the piece to life with remarkable precision and artistic flair. Tia aspires to direct her own animated films in the future, and her talent, determination and attention to detail suggest a very bright creative future ahead. We are incredibly proud of her achievement and look forward to seeing where her artistic journey takes her next.

Tia's artwork also attracted the attention of Mrs French, who was highly impressed by the quality, creativity and professionalism of the final piece.



Careers and Unifrog @CHSFG: Your Journey Starts Now – Where Could it Take you?



When you hear the word “CAREERS” are you thinking “not me” “not yet” “I don’t know what I want to do” or “isn’t that something I worry about when I am older”? Maybe you are someone that has a notion of the area that they want to work in. Or maybe you have always dreamed of being a doctor, an engineer, a teacher, a designer.

It doesn’t matter what category you fall under it is easier to think of this as a journey. Imagine you’re setting off on a road trip. You don’t need to know exactly where you’ll end up, but it helps to explore the map, discover different routes, and find out what exciting destinations are out there. It’s about helping you understand yourself, your strengths, your interests, your values, and the opportunities available to you as you grow up.

You’re starting at this one point, and between now and leaving Sixth Form, there are lots of different paths, stops, detours and even the occasional wrong turn. You’ll discover things you’re good at, things you enjoy, things you definitely don’t enjoy – and hopefully a few things that make you think, “Ooh... I could be good at that!”

Careers education is part of that journey. It happens through your subjects, through PSHE, through encounters with employers, through work experience, through visits and events, and through the choices you make as you move through school. You don’t need to choose your destination today – you just need to keep exploring the map.

The important thing to remember is that your future isn’t decided in one big moment. It’s built through lots of small steps, experiences, decisions, and opportunities from Year 7 right through to Sixth Form. And that’s where **Unifrog** comes in. Think of it as your **sat-nav for the journey**. It can help you discover careers you may never have heard of, explore subjects and qualifications, investigate universities, apprenticeships and other pathways, and keep track of your experiences and achievements. Unifrog helps you to log everything from your skills and interests to work experience and future options, so that by the time you’re ready to leave us, you’ve got a clear route mapped out, not just a random collection of roundabouts and left turns.

Careers isn't about asking “**What do you want to be when you grow up?**” every five minutes. It's about asking better questions:

What am I interested in?

What am I good at?

What could I learn? What opportunities are out there?

Where might this journey take me?

You have from Year 7 all the way to Year 13 to explore, learn, change your mind, try things out and discover what's possible. Gradually working out which direction feels right for you. So buckle up, fill your tank with curiosity, keep your eyes open, and remember: **you don't need to know your destination yet – but it helps to know how to read the map.**



Music Clubs 2026-27

MONDAY

Choir 12:45-1:15 N10 ALL Y8-13 WELCOME – COME AND SING!

Be part of our
music family

TUESDAY

String Orchestra 12:45-1:15 N11 STRING PLAYERS WELCOME

Senior Steel Pans 12:45-1:15 N12

KS4 WITH STEEL PAN EXPERIENCE WELCOME

Practice Club 12:45-1:15 N10 ALL KS3 WELCOME TO PRACTISE

Guys & Dolls Jr. Rehearsals 3:15-4:30 MAIN HALL FULL CAST

Collect
achievement points

WEDNESDAY

Wind Band 12:45-1:15 N11 WOODWIND & BRASS PLAYERS WELCOME

Junior Steel Pans 12:45-1:15 N12

ALL Y7 WELCOME, NO EXPERIENCE NECESSARY

Guys & Dolls Jr. Rehearsals 3:15-4:30 MAIN HALL FULL CAST

Perform in
concerts, our first
carol service,
& the Bromley
Schools Prom

THURSDAY

Intermediate Steel Pans 12:45-1:15 N12

Y8-9S WITH STEEL PAN EXPERIENCE WELCOME

Practice Club 12:45-1:15 N10 ALL KS3 WELCOME TO PRACTISE

Coursework support 12:45-1:15 N11

ALL GCSE / A-LEVEL MUSIC STUDENTS WELCOME

Get invited on
trips & tours

Make friends

FRIDAY

Year 7 Choir 12:45-1:15 N11 ALL Y7 WELCOME – COME AND SING!

Chamber Choir 12:45-1:15 N10 Y8-13 WELCOME BY AUDITION

Coursework support 3:30-4:30 N11

ALL GCSE / A-LEVEL MUSIC STUDENTS WELCOME

Enjoy making
music

JOIN IN!

Astroturf Footwear and Rules

We would like to take this opportunity to remind you of the rules and procedures that we are putting in place to ensure the safety of the students, and also the longevity and care of the astroturf itself.

Footwear

Students must have and wear correct footwear in order to be permitted to use the astroturf at any time, both in PE lessons and in extra-curricular PE activities. Please see the table below:

Students without correct footwear will need either to borrow correct footwear or will not be able to participate. Sports trainers therefore remain the most versatile footwear for all sports and activities, whether these are being taught and played on the astroturf, the field, or inside.

Footwear must also be clean in order to use the astroturf; there are boot scrapers at the entrance which must be used if trainers/boots are muddy.

Please be aware that external hirers of our astroturf are being expected to wear only football boots or moulded studs. We are permitting sports trainers in school so that the astroturf is accessible to all students, as it should be, within our lessons and extra-curricular activities.

Additional rules

Students must not leave litter in the astroturf enclosure, either on the pitch or in the spectator area.



Permitted	Not Permitted
· Sports Trainers (any colour) · Football boots (plastic studs) · Moulded boots (plastic studs)	· Flat-soled fashion trainers (e.g. Converse/Vans/basketball trainers) · Bladed boots or metal studs · School shoes

- Water bottles etc. must be cleared after lessons/extra-curricular activities.
- No chewing gum to be brought into the astroturf area, either the pitch or the spectator area.
- No food to be eaten in the astroturf area, either the pitch or the spectator area.
- No jewellery to be worn in the astroturf area, either the pitch or the spectator area.

We would appreciate it if you could discuss these rules with your child before school resumes next term. We will be reinforcing these expectations within PE lessons so that our whole school community is aware of them.

Thank you very much.

The PE Department

Shout out!

Many of our **Year 7s** received a 'shout out' this week in our first year group briefing on Wednesday! Including 3 of our Year 7 students supporting with assemblies this week!

Do let us know if you are achieving great things out of school too!

More shout outs to come...

Mrs Walker



Student Success

Jack Petchey award



Well done to **Daisy, Year 10** who received her **Jack Petchey** medallion for her Girl Guiding contribution at an awards presentation last night at BETHS Grammar school. She is now a Young Leader for her unit. Congratulations, Daisy for your well deserved recognition of your hard work.

Published work



We are very proud of **Peamjan, Year 8** as she has just found out her 100 word story will be published in the **Young Writers** creative writing book published in November. Well done, Peamjan on your wonderful achievement.

TARIFF SEPTEMBER 2026

Cucina IFG

BREAKFAST	PRICE	HOMEBAKES	PRICE
Breakfast Roll	£1.60	Muffins	£1.45
Mini Breakfast Baguette	£1.60	Small Cakes/Cookies	£1.15
Breakfast Pot – 3 Piece	£2.30	Cookies/Brownie	£1.45
Bagel	£2.75	Traybakes	£1.45
Toast with Butter or Jam	£0.40	HOT GRAB & GO	
Homemade Pancakes with Fruit Toppings	£1.45	Bagel	£3.00
Toasted Teacake	£1.45	Panini – Half/Whole	£1.60/£2.90
Cereal + Milk 8oz	£1.05	Toastie – Whole	£3.20
Porridge for Students	Free	French Toast	£1.45
Porridge for Staff	£1.05	Twister	£3.00
Porridge Toppings	£0.50	Chicken Wings	£2.45
COLD GRAB & GO		Hot Pasta Pot – Medium/Large	£2.05/£2.60
Chill Deal Roll	£1.50	Pizza Slice (Break Time)	£1.70
Deli Sub Roll	£2.40	Giant Sausage Roll	£2.20
Wrap	£2.95	Soups & Broths	£1.90
Premium Salads	£3.00	Quesadilla	£1.45
Whole Sandwiches	£2.40	Jacket Potato – 1 Topping	£2.25
Half Baguette	£1.60	ALL POWER BITES	
Cold Pasta Pot – 16oz	£2.60	Range of Nutritious Rice & Noodle Dishes	£1.45
Houmous & Vegetable Crudites	£1.70		
Protein Pots	£1.00		
Salad Pots	£2.00		
Jelly/Yoghurt/Fruit Pots	£1.00		
Whole Fruit	£0.55		

VAT on hot food and beverages will be charged at the current rate for all staff members

TARIFF SEPTEMBER 2026

Cucina IFG

DRINKS	PRICE	BREAKFAST	PRICE
Water 500ml	£1.20	Breakfast Roll	£1.60
Fruit Slush	£1.50	Mini Breakfast Baguette	£1.60
Capri Sun	£1.35	Breakfast Pot – 3 Piece	£2.30
Dalston Cans	£1.50	Bagel	£2.75
Radnor 200ml Carton	£1.20	Toast with Butter or Jam	£0.40
Milk/Flavoured Carton	£1.20	Homemade Pancakes with Fruit Toppings	£1.45
HOMEBAKES		Toasted Teacake	£1.45
Muffins	£1.45	Cereal + Milk 8oz	£1.05
Small Cakes/Cookies	£1.15	Porridge for Students	Free
Cookies/Brownie	£1.45	Porridge for Staff	£1.05
Traybakes	£1.45	Porridge Toppings	£0.50
HOT GRAB & GO		COLD GRAB & GO	
Bagel	£3.00	Chill Deal Roll	£1.50
Panini – Half/Whole	£1.60/£2.90	Deli Sub Roll	£2.40
Toastie – Whole	£3.20	Wrap	£2.95
French Toast	£1.45	Premium Salads	£3.00
Twister	£3.00	Whole Sandwiches	£2.40
Chicken Wings	£2.45	Half Baguette	£1.60
Hot Pasta Pot – Medium/Large	£2.05/£2.60	Cold Pasta Pot – 16oz	£2.60
Pizza Slice (Break Time)	£1.70	Houmous & Vegetable Crudites	£1.70
Giant Sausage Roll	£2.20	Protein Pots	£1.00
Soups & Broths	£1.90	Salad Pots	£2.00
Quesadilla	£1.45	Jelly/Yoghurt/Fruit Pots	£1.00
Jacket Potato – 1 Topping	£2.25	Whole Fruit	£0.55
ALL POWER BITES			
Range of Nutritious Rice & Noodle Dishes	£1.45		

VAT on hot food and beverages will be charged at the current rate for all staff members

WEEK 1

Week Commencing:
07/09/26 28/09/26 19/10/26

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS	VEGETARIAN MAIN MEALS
MONDAY Beef & Lentil Bolognese with Pasta & House Salad	MONDAY Plant Based Bolognese with Pasta & House Salad (V)
TUESDAY Bang Bang Chicken with Soy & Mixed Rice	TUESDAY Bang Bang Eat Curious with Soy & Mixed Rice (V)
WEDNESDAY Glazed Gammon, Crisp Roasties, Seasonal Vegetables & Roast House Gravy	WEDNESDAY Vegetable "Squashage" Roll with Crispy Roasties, Seasonal Vegetables & Roast House Gravy (V)
THURSDAY Chicken Tikka & Chickpea Masala, Braised Rice & Kachumber Salad	THURSDAY Cauliflower, Courgette & Chickpea Rosti with Braised Rice, Kachumber Salad & Minted Yoghurt Dressing (V)
FRIDAY Chip Shop "Fryday" Fish, Salmon Fishcake or Pizza with Chips, Peas & Tartare Sauce	FRIDAY Vegan Chickpea & Coriander Burger with Fries (VE)

DESSERTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Spiced Pineapple Cake	Chocolate & Banana Brownie	Sticky Ginger Cake	Daily Apple Crumble	Hot Chocolate Rocky Road

Fruit and Jelly Pots Available Daily

JACKET POTATOES

Topped with a Choice of: Cheese, Tuna or Beans Available Daily

WEEK 2

Week Commencing:
24/08/26 14/09/26 05/10/26 26/10/26

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS	VEGETARIAN MAIN MEALS
MONDAY Pork Sausage (Beef Cassing) & Mashed Potatoes with Onion Gravy	MONDAY Vegan BBQ Boston Bean Sausage Casserole & Mash (VE)
TUESDAY Cajun Chicken, Tomato & Sweetcorn Wholewheat Pasta Bake with House Salad	TUESDAY Lentil & Chickpea Dahl with Roasted Tikka Cauliflower & Steamed Rice (V)
WEDNESDAY Roast Breast of Turkey, Crisp Roasties, Seasonal Vegetables & Roast House Gravy	WEDNESDAY Cheese & Potato Pie with Roast Potatoes, Seasonal Vegetables & Roast House Gravy (V)
THURSDAY Sweet & Sour Chicken with Carrot Rice	THURSDAY Crunchy French Onion & Leek Macaroni Cheese with House Salad (V)
FRIDAY Chip Shop "Fryday" Fish, Salmon Fishcake or Pizza with Chips, Peas & Tartare Sauce	FRIDAY Vegan Moroccan Spiced Butternut Squash Pasty with Chips & Peas (VE)

DESSERTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chocolate Sponge with Chocolate Sauce	Pear & Apple Orchard Crumble	Cocoa Bread & Butter Pudding	Jam & Coconut Sponge	Apple Traybake

Fruit and Jelly Pots Available Daily

JACKET POTATOES

Topped with a Choice of: Cheese, Tuna or Beans Available Daily

WEEK 3

Week Commencing:
31/08/26 21/09/26 12/10/26

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS	VEGETARIAN MAIN MEALS
MONDAY Mexican Beef Nacho Pasta Bake	MONDAY No Waste Cauliflower Cheese Pasta Bake (V)
TUESDAY BBQ Chicken with Salt 'n' Pepper Wedges, Asian Slaw & Garden Peas	TUESDAY Chipotle Quorn Dippers with Salt 'n' Pepper Wedges, Asian Slaw & Garden Peas (V)
WEDNESDAY Roast Pork, Crisp Roasties, Seasonal Vegetables & Roast House Gravy	WEDNESDAY Roasted Vegetable & Chickpea Pastry Roll with Crisp Roasties, Seasonal Vegetables & Roast House Gravy (V)
THURSDAY Fragrant Lemon & Herb Chicken with Spicy Rice	THURSDAY Hot Maple & Cajun Quorn Fillet with Spicy Rice (V)
FRIDAY Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas and Tartare Sauce	FRIDAY Crispy Chickpea & Vegetable Pakora Burger with Mango Slaw, Chips & Peas (V)

DESSERTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sticky Lemon Sponge	Mixed Berry & Apple Crumble	Chocolate & Whole Banana Puff Pastry Pinwheel	Nut Free Bakewell Sponge	Hot Chocolate Rocky Road & Custard

Fruit and Jelly Pots Available Daily

JACKET POTATOES

Topped with a Choice of: Cheese, Tuna or Beans Available Daily

Cucina



MADE YOUR WAY!

CHOOSE IT!
ADD IT!
TOP IT!

Switch up your flavours with our street food-inspired range, available **Tuesday to Thursday**.
With weekly rotating choices, there's always something tasty.

Choose a base, add protein, and top it your way!

Visit the restaurant to check out what's on offer each week

NATURALLY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Vegan Singapore Noodles (VE)	The Big Plant Burger (VE)	Roasted Butternut, Sweetcorn & Chipotle Pasta (VE)	Maple & Chili Cauliflower Wings with Cajun Wedges (VE)	Garlic & Chili Noodles (VE)

TRATTORIA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pasta in Cheese Sauce	Tomato & Basil Pasta	Margherita or Pepperoni Pizza	Creamy Pesto Pasta	Margherita Pizza

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NATURALLY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Garlic and Chili Noodles (VE)	Singapore Fried Rice (VE)	Lentil & Chickpea Dahl with Crispy Bombay Potatoes (VE)	The Big Plant Burger (VE)	Vegan Singapore Noodles (VE)

TRATTORIA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pasta in Cheese Sauce	Tomato & Basil Pasta	Margherita or Pepperoni Pizza	Creamy Pesto Pasta	Margherita Pizza

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NATURALLY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Vegan Singapore Noodles (VE)	The Big Plant Burger (VE)	Pesto Pasta with Roasted Tomatoes (VE)	Onion Bhaji Skewer with Bombay Potatoes (VE)	Garlic & Chili Noodles (VE)

TRATTORIA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pasta in Cheese Sauce	Tomato & Basil Pasta	Margherita or Pepperoni Pizza	Creamy Pesto Pasta	Margherita Pizza