Chislehurst School for Girls

Weekly News 13th November 2026



Dear parents, carers,

Special assemblies to mark Remembrance were held across the school this week and we all stopped and fell silent at 11 am on Wednesday to mark Armistice. Poems were read and **Ms Pryce** kindly played the Last Post on her trumpet, as we laid poppy wreaths in remembrance of those who gave their lives for our freedom today. Also, our **Year 12 students visited the Houses of Parliament on Wednesday** to gain a deeper understanding of our democracy, including **a wonderful visit to the House of Lords** as well as **The House of Commons**. Our thanks to **Mrs Melton** for organising. We also had **Louie French, MP for Old Bexley and Sidcup**, in school today giving an informative talk about life as an MP and holding a Q and A for our **Year 12 and 13**. Our thanks to **Ms Singer** for organising. We will share photographs in next Friday's newsletter.

Next week we celebrate the School's 130th Birthday and unveil the **panoramic photograph** that we came together as a community to take just before half term. The **traditional lighting of the Birthday cake by the Year 7 form captains** will also be featured. Our **Sixth Form Open Evening is on Thursday 19 November 5 pm -7 pm** and we look forward to seeing many of our Year 11s there as well as external visitors from surrounding schools. **The Headteacher's talk is at 5:30pm in The Main Hall**. **All Year 11s are welcome to walk the school and visit Departments that they may be considering for A Level and Vocational Studies in our Sixth Form.**



With my very best wishes to you all,
Mrs French,
Headteacher

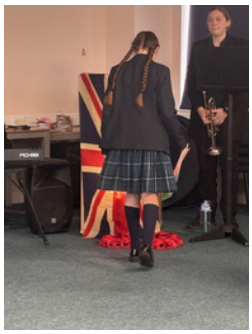













Remembrance
2026











Year 12 Visit to the Houses of Parliament



On Wednesday 11 November, **Year 12** students visited the Houses of Parliament for an educational tour, gaining a fascinating insight into the history of Parliament, British democracy and the workings of government.

Students were fortunate enough to visit both the House of Commons and the House of Lords, where they observed parliamentary debates taking place. In the Commons, they heard discussions about employers' National Insurance contributions, while in the Lords, members were debating aspects of health, welfare and employment. One particularly interesting discussion considered the relationship between employment and mental health, with speakers arguing that being in work can contribute positively to people's wellbeing. These experiences gave students an opportunity to see how politicians debate complex issues and consider the implications of government policy.

The tour also explored the history and traditions of Parliament. Students visited Westminster Hall, learning about its remarkable history and its role in significant national events, including the lying in state of monarchs. They also discovered the history of St Stephen's Chapel and how the development of the parliamentary buildings has shaped the traditions of the House of Commons.



Students learned about the process of voting in Parliament, including the division lobbies and the division bell, as well as how legislation is introduced and scrutinised. They also explored the role of public petitions in allowing citizens to influence parliamentary discussions, discovering that petitions receiving 10,000 signatures receive a government response, while those reaching 100,000 signatures are considered for debate. The group also learned about the ballot through which backbench MPs can secure an opportunity to introduce their own Bills.

A particular highlight was the opportunity to hear from Clive Efford MP, who spoke to students about his work in Parliament and answered their questions. The discussion included proportional representation and the different ways in which citizens can participate in democracy. One student's thoughtful question received particular praise, and students also gained an insight into possible careers in politics.

The visit made a strong impression on students. One described "learning about the history of Parliament" as "a truly invaluable opportunity", while another particularly enjoyed learning about the history of the building and how it came to be. Students also commented on how interesting it was to see the chambers in person and understand more about the differences between the Commons and the Lords.

The experience made a valuable contribution to our **Sixth Form Enrichment Programme**, supporting students' understanding of British values, democracy and the rule of law. It also provided important opportunities for students to engage with themes explored through PSHE, including political participation, citizenship and the relationship between government policy and people's lives.



For our Politics students, the visit brought their studies to life, while the wider group gained a greater appreciation of the importance of Parliament and the opportunities available to them to engage with the democratic process.



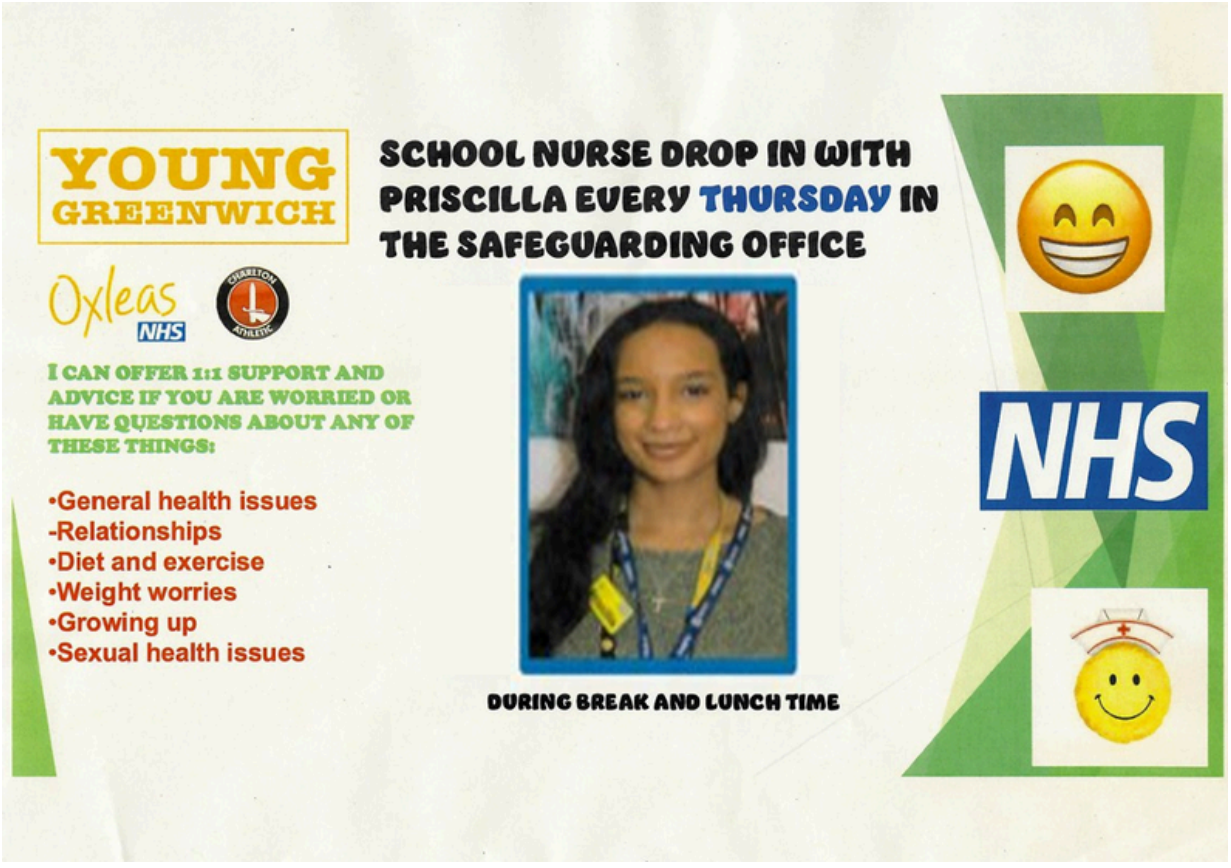
It was an enjoyable and informative afternoon, encouraging students to think more deeply about the decisions that shape our society and the role they can play as active, informed citizens.

Mrs Melton

Headteacher's Breakfast Club



Lydia, Evie, Rose, Shalom, Naomi, Kristina, Zainab, and Maia, Year 7 were the attendees of this week's Breakfast Club. Mrs French hosted, and enjoyed listening to her guests talk about their hobbies and interests.

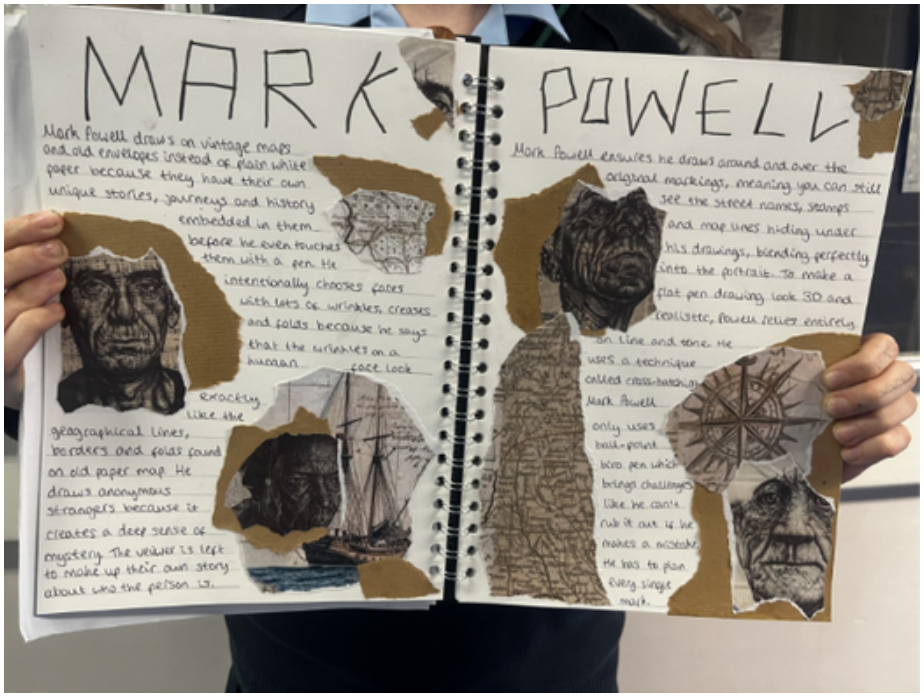


Artist of the Week



Congratulations to our Artist of the Week, **Thea in 9C2**, for producing an exceptional double-page artist research spread on contemporary artist Mark Powell.

This beautifully presented sketchbook page demonstrates a strong understanding of Powell's distinctive style, exploring his detailed ballpoint pen portraits and his use of found materials such as vintage maps and old documents. Thea has carefully selected imagery, included insightful written analysis, and created a visually engaging layout that reflects the artist's own aesthetic. This piece is an excellent example of outstanding sketchbook practice, demonstrating strong research skills, attention to detail, and a genuine engagement with the artist's work.



Well done, Thea!

Duke of Edinburgh

Congratulations to our **Bronze and Silver DofE** groups who have been training in earnest over the last few weeks, learning about First Aid and CPR. We encourage all our DofE students to keep going with their Skill, Physical, and Volunteering sections; all of them should have finished at least one of these by Christmas!

Congratulations also to our **Gold DofE students**, who completed their Qualifying Expedition over October half term! **Akshita, Liv, and Izzy** certainly developed their resilience; they report that the weather was awful, all their clothes and sleeping bags were wet, and it was quite the test of endurance at moments! However, they say it was a great experience, with beautiful scenery and fantastic memories made. We are so proud of Akshita, Liv, and Izzy, and look forward to supporting them to complete their full Gold DofE programme.















The DofE Team

Year 7 Cross Country



Congratulations to our **Year 7 cross-country team, Lily R, Elizabeth E, Freya H and Lucy B,** who represented the school superbly at the recent cross-country event held at Farringtons.

The girls showed great determination and resilience as they competed against a strong field of runners, tackling a challenging course with enthusiasm and perseverance. Their commitment and positive attitude were evident throughout the event, and they were excellent ambassadors for the school.

A special congratulations goes to **Lily R**, who has achieved the fantastic accomplishment of qualifying for the next round, where she will represent Bromley against the Kent schools. This is a wonderful achievement and a testament to her hard work and dedication.

We would also like to recognise **Amelie H** from our **Year 8/9 team**, who has likewise qualified for the next stage and will join Lily in representing Bromley. We wish both athletes the very best of luck in the next round and look forward to hearing about their continued success.

Well done to all our runners for their effort, commitment and excellent sportsmanship. We are incredibly proud of you all!

Miss Harper



Hockey



A big shout out to the hockey teamwho are training hard for their up and coming first game together soon!

Mrs Walker



Student success

Chloe, Year 9 had a leading role in an adapted version of Andrew Lloyd Webber's Cats at the Bob Hope Theatre, playing both Kit, a human character, and Jemima, the youngest of the Jellicle Cats. This adaptation introduces Kit, who discovers an old photo album in her grandmother's attic and is transported into the magical world of the Jellicle Cats. Chloe auditioned and April and rehearsed almost every weekend until the show during half term. Well done, Chloe, a great achievement and we are very proud of you.













Events Head Student Team charity work

Hello, we are your **Events Head Student Team**, and we are extremely pleased how charitable our school is for giving donations towards **Bromley Brighter Beginnings**. The organisation was ecstatic on the wide range of gifts for people in need, and how many people this year will receive gifts this Christmas. We are very proud of you CHSFG.



Many thanks,

Elleonor A & Amelia-Jayne G

Music Events

Students across all of our **Music Department ensembles** have been working exceptionally hard since September, preparing an exciting and varied programme of music for our forthcoming performances. We are delighted to invite you to our annual **Christmas Concert on Tuesday 15 December in the Main School Hall**. The evening will showcase performances from our choirs, steel pan bands, orchestral ensembles and a number of talented soloists. **Guests are welcome from 6.30 pm for refreshments, with the concert beginning at 7.00 pm.**
Entrance to the Christmas Concert is by ticket only. Tickets will be available via Eventbrite from 6.00 pm on Friday 20 November and are limited to two tickets per student performing, in order that as many students as possible have the opportunity to have their family and friends in the audience.
As part of our celebrations marking the school's **130th anniversary**, we are also looking forward to presenting a **special Carol Service at St John's Church, Sidcup on Thursday 17th December at 6.00 pm.** This free community event will feature readings alongside music from all of our choirs and the congregation, making it a wonderful opportunity to celebrate the season together. All are welcome, though please do be aware that there is no parking at the Church.
Please do read the letter that was sent out on **Monday 9th November** for further details of both events, and please return the consent slip for your daughter, should she be taking part. We look forward to welcoming many of you to these special occasions and celebrating the festive season together through music.

The Music Department

CHISLEHURST SCHOOL FOR GIRLS

CHRISTMAS CONCERT

TUESDAY 15TH DECEMBER, 7PM

Chislehurst Schoolfor Girls

All Choirs, Band, Orchestra, Steel Pan Bands and soloists
£5 adults and £4 concessions
Tickets available from Eventbriteonly
Tickets restricted to 2 ticketsperstudent

NINE LESSONS & CAROLS

THURSDAY 17TH DECEMBER, 6PM

St. John's Church, Sidcup

All Choirs
Free to attend, no parking on site

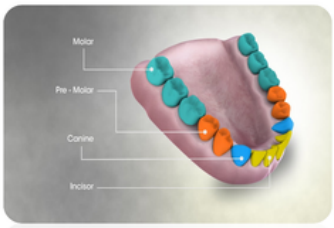
ALTIORA SEQUAMUR

Thought for the Week:
Dental Hygiene



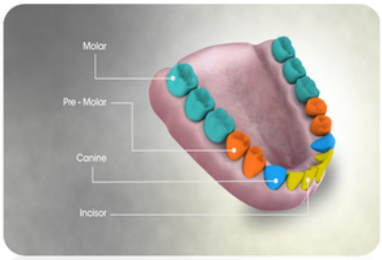
What are the different types of teeth?

- Incisors
- Canines
- Premolars
- Molars



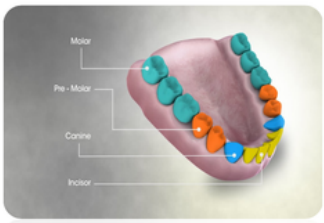
How many?

8	4
8	12



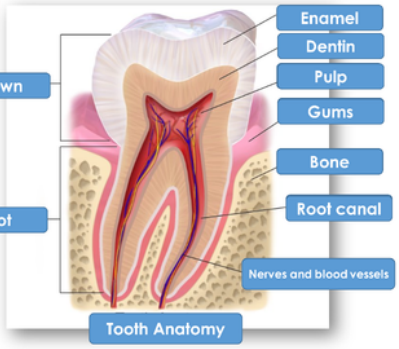
What do they do?

- In the front and centre of your mouth (four on top and four on bottom). Used to cut food.
- Sometimes called cuspids. Shaped like points (cusps) Used for tearing and grasping food.
- Have a flat biting surface. Their function is to tear and crush food.
- Large, flat teeth at the back of the mouth. More developed in mammals. Used to grind food during chewing.



Tooth Anatomy

The different parts of a tooth.



Tips to look after your teeth



Tips to look after your teeth

- Limit sugary food and drinks to mealtimes
- Brush your teeth and gums in the morning and at night with a pea size blob of fluoride toothpaste to keep gums healthy.
- Visit a dentist at least twice a year
- Use floss and fluoride mouthwash as directed on the packaging

Careers link: Dental Hygienist £40,000 to £65,000+ P/Y



A Day In The Life Of A Dental Hygienist

CHISLEHURST SCHOOL FOR GIRLS

DISCOVER YOUR FUTURE

AT OUR CAREERS FAIR!

Meet employers, colleges and universities
Explore exciting pathways, discover new possibilities and aim higher!

WEDNESDAY 18 NOVEMBER 2026
9:15 a.m. – 3:25 p.m.

MAIN HALL



For all year groups

Sports Workshops

We are excited to offer some fantastic new sports workshops at Chislehurst School for Girls! These sessions will run at lunchtime and are open to students from all year groups. No PE kit is required. Students just need to wear trainers.

Sign your daughter up via SOCS.

Places are allocated on a first come, first served basis, so we encourage students to sign up quickly to avoid disappointment.

If your daughter no longer wishes to attend, please email kwalker@chsfg.lumero.org so that her place can be offered to another student.



Mrs Walker

Mock Trial Application

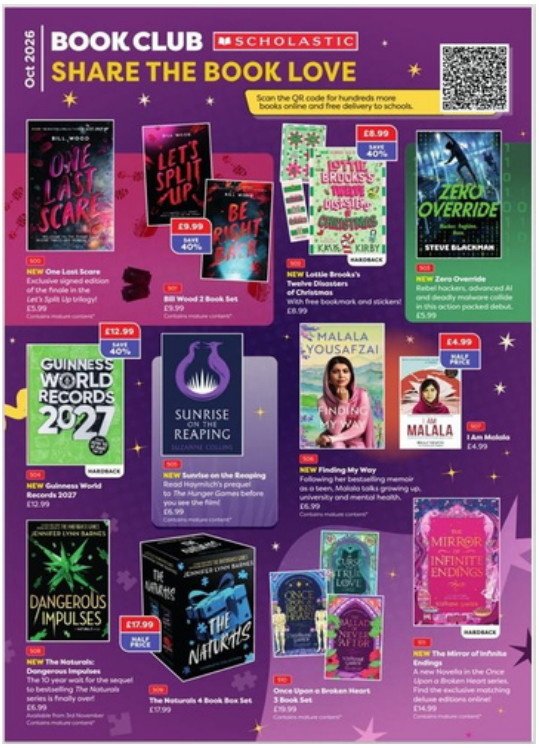
This is a valuable opportunity for **Year 8 and Year 9 students** at Chislehurst to develop their public speaking, critical thinking, and teamwork skills while gaining a unique insight into the legal system.
As part of the application process, students should submit an analysis of the case, including a well-reasoned and detailed explanation of their views and conclusions. Applications must be submitted by **Wednesday 18 November**. Please see more information on Classcharts announcements.
The Mock Trial competition will take place at **Bromley Magistrates' Court**, where the school team will compete against other schools for the chance to progress and achieve success in the competition. Throughout the preparation and competition process, students will develop their confidence, public speaking abilities, and analytical skills. The experience also provides an excellent opportunity to learn more about the justice system and the role of the courts in society.
We strongly encourage students with an interest in debating, law, public speaking, or performing to apply here:

Magistrate Mock Trial Team Application 26/27 – Fill in form



Mr Viljoen

What's on at the Library?



Don't forget that our latest **Scholastic Book Club is now online at** https://clubs.scholastic.co.uk/C-L11PQ41Z There are hundreds of fantastic discounted books to choose from, and **every £1 you spend** on this month's Book Club will **earn 20p for our school** in Scholastic Rewards.

Please place your **order online by November 22nd, 2026.**

There will be **no postage** charge as **any books ordered are delivered to the school.**

Please note:
- You must order via the link above to be able to access the Book Club.
- All orders will be collectively processed and shipped after the 22nd of November, regardless of when individual orders are placed.

Thank you for supporting our Book Club and helping us get free books for our library!
Please don't hesitate to reach out if you have any questions.

Kind regards,

Ms F. Sturge
Librarian and LRC Manager

Library Opening Hours

The Library is open to students outside of school hours. Timings are:

8.00 am - Open for students
4.45 pm - Closed for students

Bronze DofE Planned Training Schedule 2026-27

	Date	Timing	Content
HT1	Thursday 08/10/26	Enhancement Day	Groups, intro to DofE and eDofE, tent pitching and care, using a compass to navigate, cooking & food
HT2	Thursday 05/11/26	3:30-4:30pm	First aid (basic, expedition-based)
	Thursday 12/11/26	3:30-4:30pm	First aid (DR ABC, recovery position, resuscitation)
	Thursday 26/11/26	3:30-4:30pm	Kit care, suitable clothing and footwear, packing a rucksack
	Thursday 03/12/26	3:30-4:30pm	Countryside code, Highway code, awareness of surroundings
HT3	No after school sessions due to Guys and Dolls Jr. – please continue with your sections!		
HT4	Thursday 11/03/27	3:30-4:30pm	Compass use and skills, intro to OS maps
HT5	Thursday 15/04/27	3:30-4:30pm	Navigation skills, intro to map reading, set up route planning
	Thursday 29/04/27	3:30-4:30pm	Route plan 1 practice & qualifying expedition
	Thursday 06/05/27	3:30-4:30pm	Route plan 2 practice & qualifying expedition
	Thursday 13/05/27	3:30-4:30pm	Route plan 3 practice & qualifying expedition
HT6	Thursday 10/06/27	1:15-4:15pm	Collect expedition equipment, final briefing
	Friday-Saturday 11-12/06/27	**WEEKEND**	**PRACTICE EXPEDITION**
	Thursday 24/06/27	3:30-4:30pm	Evaluation of Practice Expedition, apply to Qualifying Expedition
	Friday-Saturday 02-03/07/27	**WEEKEND**	**QUALIFYING EXPEDITION**
	Tuesday 06/07/27	8:30-11:15am	Kit return

Please let us know if you do need to miss a session for a good reason. Your attendance is expected every week; failure to attend regularly could mean that you are not permitted to complete the expedition with your group, as DofE rules state that all participants must be appropriately trained and prepared. Any necessary changes to this schedule will be communicated in advance.

Year 11 Support Programme
M4 Supervised silent study room, Ransley Suite - Quiet group study,
Conference Suite- Year 11/Year 12 Academic Tutoring

Subjects	Teacher	Time	Venue
Maths	Mrs Bankova	Wednesday lunchtime - **Week A & Week B**	E2
	Mrs Ramesh	Friday lunchtime – **Week B**	E1
	Mrs Robinson	Monday after school – **Week A** Friday lunchtime – **Week B**	E6
	Mrs Tutt	Friday lunchtime – **Week A & Week B – GCSE Higher Maths**	E8
	Mrs Hing-Bekoe	Monday after school – **Week A & Week B**	E3
	Mrs Patran	Tuesday lunchtime - **Week A & Week B - Foundation**	E7
	Mrs Counihan	Friday lunchtime – **Week A & Week B**	E4
English			**TBC**
Drama			**TBC**
Biology			**TBC**
Physics	Mr Copper	Wednesday lunchtime – **Week A & Week B**	N2
Business	Ms Pascoe	Wednesday lunchtime – **Week A & Week B**	M2
Food Technology	Mrs Murty	Wednesday after school (3:30 p.m. – 5:00 p.m.) - **Week A & Week B (Revision and Recap only)**	N23
Design Technology			**TBC**
Computer Science	Ms Robinson	Friday after school – **Week A & Week B** (3:30 p.m. – 4:30 p.m.)	SF
	Ms Robinson Mr Hu	Wednesday lunchtime – SOCS – Week A & Week B	S1
French	Miss O'Donnell	Wednesday lunchtime - **Week A & Week B**	M7

Spanish	Miss Gallego Fernandez	Wednesday lunchtime - **Week A & Week B** Thursday & Friday - **Week B only** **(08:00 a.m. – 08:30 a.m.)**	M5
Geography	Ms Hilderly	Friday lunchtime – **Week A & Week B** **Invitation only -** exam technique sessions	M22
History			**TBC**
Year 11 - Study & Revision skills session	Ms Pryce	Wednesday lunchtime- **Week A & Week B**	M20
Religious Studies	Miss Cohen	Tuesday lunchtime - **Week A** (7+ Targets)	M18
	Miss Barnett	Tuesday lunchtime – **Week B** 1-6 Targets	M15
Music	Miss Lowing & Miss Mackintosh	Friday after school (3:25 p.m. – 4:30 p.m.) **Coursework support**	N11
Art	Mrs Garland	Monday after school – **Week A & Week B**	N15
Physical Education	Mrs Walker	Wednesday lunchtime – **Week A & Week B** **(GCSE & Revision Coursework Support)**	M17
Dance	Miss McRoberts	Year 11 GCSE Wednesday lunchtime **Theory and practical**	Dance Studio
	Miss McRoberts	Year 10 & Year 11 GCSE Dance Mornings (08:00 a.m. – 08:30 a.m. or 3:25 p.m. – 4:30 p.m.) **Permission needed**	Dance Studio

Music Clubs 2026-27

MONDAY

Choir 12:45-1:15 N10 ALL Y8-13 WELCOME - COME AND SING!

TUESDAY

String Orchestra 12:45-1:15 N11 STRING PLAYERS WELCOME

Senior Steel Pans 12:45-1:15 N12

KS4 WITH STEEL PAN EXPERIENCE WELCOME

Practice Club 12:45-1:15 N10 ALL KS3 WELCOME TO PRACTISE

Guys & Dolls Jr. Rehearsals 3:15-4:30 MAIN HALL FULL CAST

WEDNESDAY

Wind Band 12:45-1:15 N11 WOODWIND & BRASS PLAYERS WELCOME

Junior Steel Pans 12:45-1:15 N12

ALL Y7 WELCOME, NO EXPERIENCE NECESSARY

Guys & Dolls Jr. Rehearsals 3:15-4:30 MAIN HALL FULL CAST

THURSDAY

Intermediate Steel Pans 12:45-1:15 N12

Y8-9S WITH STEEL PAN EXPERIENCE WELCOME

Practice Club 12:45-1:15 N10 ALL KS3 WELCOME TO PRACTISE

Coursework support 12:45-1:15 N11

ALL GCSE/A-LEVEL MUSIC STUDENTS WELCOME

FRIDAY

Year 7 Choir 12:45-1:15 N11 ALL Y7 WELCOME - COME AND SING!

Chamber Choir 12:45-1:15 N10 Y8-13 WELCOME BY AUDITION

Coursework support 3:30-4:30 N11

ALL GCSE/A-LEVEL MUSIC STUDENTS WELCOME

Be part of our music family

Collect achievement points

Perform in concerts, our first carol service, & the Bromley Schools Prom

Get invited on trips & tours

Make friends

Enjoy making music

JOIN IN!

Astroturf Footwear and Rules

We would like to take this opportunity to remind you of the rules and procedures that we are putting in place to ensure the safety of the students, and also the longevity and care of the astroturf itself.

Footwear

Students must have and wear correct footwear in order to be permitted to use the astroturf at any time, both in PE lessons and in extra-curricular PE activities. Please see the table below:

Students without correct footwear will need either to borrow correct footwear or will not be able to participate. Sports trainers therefore remain the most versatile footwear for all sports and activities, whether these are being taught and played on the astroturf, the field, or inside.

Footwear must also be clean in order to use the astroturf; there are boot scrapers at the entrance which must be used if trainers/boots are muddy.

Please be aware that external hirers of our astroturf are being expected to wear only football boots or moulded studs. We are permitting sports trainers in school so that the astroturf is accessible to all students, as it should be, within our lessons and extra-curricular activities.

Additional rules

Students must not leave litter in the astroturf enclosure, either on the pitch or in the spectator area.



Permitted	Not Permitted
· Sports Trainers (any colour) · Football boots (plastic studs) · Moulded boots (plastic studs)	· Flat-soled fashion trainers (e.g. Converse/Vans/basketball trainers) · Bladed boots or metal studs · School shoes

· Water bottles etc. must be cleared after lessons/extra-curricular activities.
· No chewing gum to be brought into the astroturf area, either the pitch or the spectator area.
· No food to be eaten in the astroturf area, either the pitch or the spectator area.
· No jewellery to be worn in the astroturf area, either the pitch or the spectator area.

We would appreciate it if you could discuss these rules with your child before school resumes next term. We will be reinforcing these expectations within PE lessons so that our whole school community is aware of them.

Thank you very much.

The PE Department

TARIFF SEPTEMBER 2026

Cucina IFG

BREAKFAST	PRICE
Breakfast Roll	£1.60
Mini Breakfast Baguette	£1.60
Breakfast Pot – 3 Piece	£2.30
Bagel	£2.75
Toast with Butter or Jam	£0.40
Homemade Pancakes with Fruit Toppings	£1.45
Toasted Teacake	£1.45
Cereal + Milk 8oz	£1.05
Porridge for Students	Free
Porridge for Staff	£1.05
Porridge Toppings	£0.50

COLD GRAB & GO	
Chill Deal Roll	£1.50
Deli Sub Roll	£2.40
Wrap	£2.95
Premium Salads	£3.00
Whole Sandwiches	£2.40
Half Baguette	£1.60
Cold Pasta Pot – 16oz	£2.60
Houmous & Vegetable Crudites	£1.70
Protein Pots	£1.00
Salad Pots	£2.00
Jelly/Yoghurt/Fruit Pots	£1.00
Whole Fruit	£0.55

HOMEBAKES	PRICE
Muffins	£1.45
Small Cakes/Cookies	£1.15
Cookies/Brownie	£1.45
Traybakes	£1.45

HOT GRAB & GO	
Bagel	£3.00
Panini – Half/Whole	£1.60/£2.90
Toastie – Whole	£3.20
French Toast	£1.45
Twister	£3.00
Chicken Wings	£2.45
Hot Pasta Pot – Medium/Large	£2.05/£2.60
Pizza Slice (Break Time)	£1.70
Giant Sausage Roll	£2.20
Soups & Broths	£1.90
Quesadilla	£1.45
Jacket Potato – 1 Topping	£2.25

ALL POWER BITES	
Range of Nutritious Rice & Noodle Dishes	£1.45

VAT on hot food and beverages will be charged at the current rate for all staff members

TARIFF SEPTEMBER 2026

Cucina IFG

DRINKS	PRICE
Water 500ml	£1.20
Fruit Slush	£1.50
Capri Sun	£1.35
Dalston Cans	£1.50
Radnor 200ml Carton	£1.20
Milk/Flavoured Carton	£1.20

HOMEBAKES	
Muffins	£1.45
Small Cakes/Cookies	£1.15
Cookies/Brownie	£1.45
Traybakes	£1.45

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Salad Pots	£2.00
Jelly/Yoghurt/Fruit Pots	£1.00
Whole Fruit	£0.55

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WEEK 1

Cucina

Week Commencing;
07/09/26 28/09/26 19/10/26

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS	VEGETARIAN MAIN MEALS
MONDAY Beef & Lentil Bolognaise with Pasta & House Salad	**MONDAY** Plant Based Bolognaise with Pasta & House Salad (V)
TUESDAY Bang Bang Chicken with Soy & Mixed Rice	**TUESDAY** Bang Bang Eat Curious with Soy & Mixed Rice (V)
WEDNESDAY Glazed Gammon, Crisp Roasties, Seasonal Vegetables & Roast House Gravy	**WEDNESDAY** Vegetable 'Squashage' Roll with Crispy Roasties, Seasonal Vegetables & Roast House Gravy (V)
THURSDAY Chicken Tikka & Chickpea Masala, Braised Rice & Kachumber Salad	**THURSDAY** Cauliflower, Courgette & Chickpea Rosti with Braised Rice, Kachumber Salad & Minted Yoghurt Dressing (V)
FRIDAY Chip Shop "Fryday" Fish, Salmon Fishcake or Pizza with Chips, Peas & Tartare Sauce	**FRIDAY** Vegan Chickpea & Coriander Burger with Fries (VE)

DESSERTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Spiced Pineapple Cake	Chocolate & Banana Brownie	Sticky Ginger Cake	Oaty Apple Crumble	Hot Chocolate Rocky Road

Fruit and Jelly Pots Available Daily

JACKET POTATOES
Topped with a Choice of: Cheese, Tuna or Beans Available Daily

Street Vibes – MADE YOUR WAY!

CHOOSE IT! ADD IT! TOP IT!

Switch up your flavours with our street food-inspired range, available **Tuesday to Thursday.**
With weekly rotating choices, there's always something tasty.

Choose a base, add protein, and top it your way!

Visit the restaurant to check out what's on offer each week

NATURally

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Vegan Singapore Noodles (VE)	The Big Plant Burger (VE)	Roasted Butternut, Sweetcorn & Chipotle Pasta (VE)	Maple & Chilli Cauliflower Wings with Cajun Wedges (VE)	Garlic & Chilli Noodles (VE)

TRATTORIA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pasta in Cheese Sauce	Tomato & Basil Pasta	Margherita or Pepperoni Pizza	Creamy Pesto Pasta	Margherita Pizza

WEEK 2

Cucina

Week Commencing;
24/08/26 14/09/26 05/10/26 26/10/26

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS	VEGETARIAN MAIN MEALS
MONDAY Pork Sausage (Beef Casing) & Mashed Potatoes with Onion Gravy	**MONDAY** Vegan BBQ Boston Bean Sausage Casserole & Mash (VE)
TUESDAY Cajun Chicken, Tomato & Sweetcorn Wholewheat Pasta Bake with House Salad	**TUESDAY** Lentil & Chickpea Dahl with Roasted Tikka Cauliflower & Steamed Rice (V)
WEDNESDAY Roast Breast of Turkey, Crisp Roasties, Seasonal Vegetables & Roast House Gravy	**WEDNESDAY** Cheese & Potato Pie with Roast Potatoes, Seasonal Vegetables & Roast House Gravy (V)
THURSDAY Sweet & Sour Chicken with Carrot Rice	**THURSDAY** Crunchy French Onion & Leek Macaroni Cheese with House Salad (V)
FRIDAY Chip Shop "Fryday" Fish, Salmon Fishcake or Pizza with Chips, Peas & Tartare Sauce	**FRIDAY** Vegan Moroccan Spiced Butternut Squash Pasty with Chips & Peas (VE)

DESSERTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chocolate Sponge with Chocolate Sauce	Pear & Apple Orchard Crumble	Cocoa Bread & Butter Pudding	Jam & Coconut Sponge	Apple Traybake

Fruit and Jelly Pots Available Daily

JACKET POTATOES
Topped with a Choice of: Cheese, Tuna or Beans Available Daily

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NATURally

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Garlic and Chilli Noodles (VE)	Singapore Fried Rice (VE)	Lentil & Chickpea Dahl with Crispy Bombay Potatoes (VE)	The Big Plant Burger (VE)	Vegan Singapore Noodles (VE)

TRATTORIA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pasta in Cheese Sauce	Tomato & Basil Pasta	Margherita or Pepperoni Pizza	Creamy Pesto Pasta	Margherita Pizza

WEEK 3

Cucina

Week Commencing;
31/08/26 21/09/26 12/10/26

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS	VEGETARIAN MAIN MEALS
MONDAY Mexican Beef Nacho Pasta Bake	**MONDAY** No Waste Cauliflower Cheese Pasta Bake (V)
TUESDAY BBQ Chicken with Salt 'n' Pepper Wedges, Asian Slaw & Garden Peas	**TUESDAY** Chipotle Quorn Dippers with Salt 'n' Pepper Wedges, Asian Slaw & Garden Peas (V)
WEDNESDAY Roast Pork, Crisp Roasties, Seasonal Vegetables & Roast House Gravy	**WEDNESDAY** Roasted Vegetable & Chickpea Pastry Roll with Crisp Roasties, Seasonal Vegetables & Roast House Gravy (V)
THURSDAY Fragrant Lemon & Herb Chicken with Spicy Rice	**THURSDAY** Hot Maple & Cajun Quorn Fillet with Spicy Rice (V)
FRIDAY Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas and Tartare Sauce	**FRIDAY** Crispy Chickpea & Vegetable Pakora Burger with Mango Slaw, Chips & Peas (V)

DESSERTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sticky Lemon Sponge	Mixed Berry & Apple Crumble	Chocolate & Whole Banana Puff Pastry Pinwheel	Nut Free Bakewell Sponge	Hot Chocolate Rocky Road & Custard

Fruit and Jelly Pots Available Daily

JACKET POTATOES
Topped with a Choice of: Cheese, Tuna or Beans Available Daily

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NATURally

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Vegan Singapore Noodles (VE)	The Big Plant Burger (VE)	Pesto Pasta with Roasted Tomatoes (VE)	Onion Bhaji Skewer with Bombay Potatoes (VE)	Garlic & Chilli Noodles (VE)

TRATTORIA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pasta in Cheese Sauce	Tomato & Basil Pasta	Margherita or Pepperoni Pizza	Creamy Pesto Pasta	Margherita Pizza

