



Chislehurst School for Girls

Weekly News 9th October 2026



Dear parents, carers,

A bumper edition this week as we celebrated our brilliant **Enhancement Day** yesterday, joyous **Black History Month Assembly**, trip to watch the **Lionesses** train at **St George's Park** and so much more. Our sincere thanks to all of the staff who made these great events happen.

We also had **two sporting wins**, one against **Bromley High (7-0)** and **Cornwallis Academy (10-0)** for our **U14 team**- many congratulations, girls! Our **Sports Award Evening** next week is always a highlight of the year and we look forward to congratulating our brilliant sportswomen. Thank you, to the wonderful **Hermione**, who took time out of her busy schedule to talk to **Year 13** applying for Medicine ahead of her own course at Oxford University. We also shine the spotlight on our **Geography Department** for their **Quality Mark and Centre of Excellence Award for Fieldwork** from the **Geographical Association!** What an accolade and congratulations to the whole team.

A huge well done to everyone involved in the accomplishments celebrated in this week's newsletter- it is a joy to read and how very fortunate we are to have so many opportunities as a school community.

With my very best wishes to you all,
Mrs French,
Headteacher

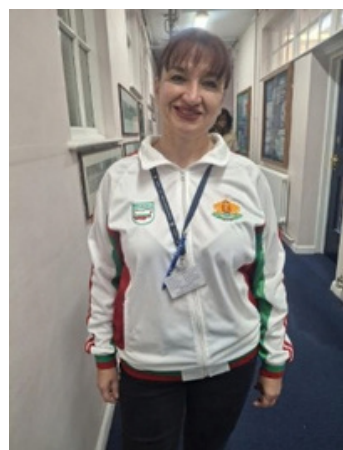
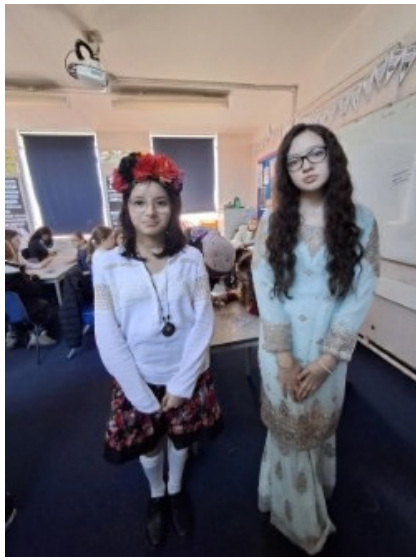
Enhancement Day



On **Thursday 8th October** students explored cultural heritage by showcasing their personal cultural identities. They participated in activities including **Mendhi design, Bollywood dancing, British Fashion Design, Native American religious belief, international literature, Art, Music** and a **glittering cultural fashion show**. **Year 7** joined in outdoor activities team building activities, while **Year 11** students explored the **Golden Hinde and the River Cray**. **Post 16** students listened to a brilliant speaker about **Misogyny and Gender Based Violence** and **Year 10** students enjoyed preparing for their **Duke of Edinburgh expedition**. It was great to see so many global traditional dresses and many world flags, of course including the Union Jack! We remember and celebrate the wonderful diversity of settlers that span many thousands of years of British History and the contributions that British people of all backgrounds have made to the world.











Assembly - Black History Month



Celebrating Black Joy

This year's **Black History Month** assembly was all about Black Joy. Through music, movement, food, humour, sport and creativity, our students explored the many ways that joy can be expressed across Black cultures and communities.

The assembly took us from John Blanke and the arrival of Lord Kitchener on the Empire Windrush to Carnival, spoken word, Ballet Black and contemporary Black excellence. It was a reminder that Black history is not only about struggle, but also about laughter, achievement, belonging and possibility.

Our students delivered the assembly with confidence and enthusiasm, and Tomi brought it to a brilliant close with her performance of Beyoncé's Love on Top.

At the heart of the assembly was a simple message: Black History Month places Black lives, histories and contributions at the centre, but everyone is invited to listen, learn and celebrate.



Miss Mensah



Secondary Geography Quality Mark and Centre of Excellence for Fieldwork



The Geography Department have been awarded for the 3rd time the prestigious Secondary Geography Quality Mark and Centre of Excellence for Fieldwork from the Geographical Association. It has been awarded for outstanding quality of teaching and education of Geography here at Chislehurst School for Girls and the Centre of Excellence is recognition of the high-quality fieldwork on offer here and the importance of this that we place in the curriculum.

We have been judged on our curriculum quality, leadership and management, how we shape behaviour, values and attitudes and how we support the student's personal development.

Particular highlights from the moderator's feedback includes:

A focus on SEND makes perfect sense to develop an inclusive department and improve overall attainment. This shows through in the evidence you provided for Section C. The department are well led and are supportive of teachers with other specialists who teach within the department.

There is a clear focus on enquiry, and students are supported in the progression of their geographical understanding. You are making good use of your school's location and position within the local community for fieldwork and other work, and this has been developed further in your CoE evidence.

You provided some compelling evidence to show how fieldwork continues to be embedded within your practice and experienced by all year groups. There is evidence of fieldwork on the school site, locally and overseas with the Iceland field trip. The full term dedicated to fieldwork in Year 8 is unusual and allows students to go deep into the techniques they need.

Comments from the Geography Department:

"I am so honoured and excited that we have been recognised by the GA for the second time. It is a true reflection on our students who are as passionate for geography as the staff in the department are" **Ms Hilderly**

"I am extremely proud and excited to have received this award. It truly reflects the efforts, commitment and enthusiasm of our department, as well as the hard work and engagement of our fabulous students" Miss Davis

"I feel so proud of the work we have done to maintain and strengthen our provision of Geography here at CHSFG. We have an innovative curriculum at KS3 and we place high value on a current and relevant curriculum at GCSE and A Level, valuing the importance of fieldwork as a fundamental right for the students. The opportunities this brings to pupils at this school, widening their horizons and giving them experiences beyond the classroom is something I hold dear, and I am so lucky to have a great team of teachers to work with to make this possible" Ms Tellick

Excerpts from the evidence portfolios submitted to the Geographical Association:

Year 12 residential to Yorkshire



A Level trip to Yorkshire- these two slides show how much students value the trip both for their own knowledge but the benefit it brought to their exams and NEA. The impact on the pupils is clear to see from both the excitement in the photos and in the testimonials sent to us by the students.

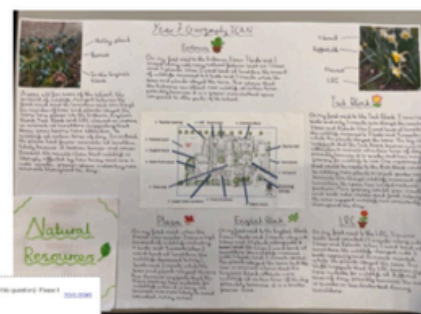
"Our 4 days in Yorkshire was one of the most memorable trips of my life, not only did we get to see the Holderness Coast, after studying it for so many years, we conducted loads of fieldwork made fun which will be highly useful to use as potential fieldwork methods for my NEA. My favourite day was when we stepped inside the river to measure width, velocity as well as conducting water and carbon fieldwork which included hugging trees! A core memory I'll always have is the social time we got in the evening where we made friends from different schools, who we are still in contact with today! I thoroughly enjoyed this trip and loved how it made me enhance my passion for geography!" - Harsem Y12

Spending 4 days in Yorkshire not only provided memories for life but gave me great ideas on potential fieldwork methods I can use for my future NEA. It was a great opportunity to be able to use new equipment, revisit previous content and truly understand processes that happen within coastal environments and the water and carbon cycles. One of my favourites must be getting in the river in our wellies measuring width and velocity, as well as spotting all the landforms at Flamborough head such as caves and geos. Furthermore, socially it was also brilliant as in the evening we connected with another school, played board games, and discussed our days. It was truly an unforgettable experience that enhanced my love for geography! - Ellen, year 12



ii- The geography department supports students to be confident and resilient learners and critical thinkers who are able to work both collaboratively and independently.

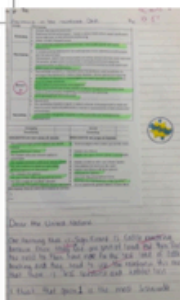
Commentary: The year 7 ICAN poses a challenging piece of work for the pupils in our grammar stream classes. This task was changed last year to incorporate independent fieldwork, promoting collaboration in data collection, but independence in the presentation and write up. Pupils are encouraged to display the work how they choose and link to prior learning on sustainable environments, ecosystems and microclimates.



Below is an example of a Year 10 SEND student's work on shopping provision. In this lesson we use a range of visual aids including diagrams, symbols and highlighting to support students learning.



To the right is an example of a mark sheet of a SEND student in Year 7 who receives extra time in assessments. Her grade demonstrates that she is confident in how to use her extra time effectively and access her target grade.



Commentary: Enabling all students to be able to access the curriculum is an integral part of the department's ethos. Here is some work and resources to support our SEND, EAL and more able students at KS3 from one of our colleagues. A range of strategies are used support pupils to allow them actively participate in lessons, challenge them to read around the subject and to think more widely. Personalised support for EAL and SEND students allows them to access the lesson with their peers and has led to a more inclusive atmosphere in class. Students have felt more confident to start tasks and assessments where previously they may have lacked the confidence to do so.



Commentary: The Y8 ICAN (Independent, Compassionate, Articulate, Nurtured) project allows pupils in the grammar groups to research into more detail a given topic from across the curriculum. The Geography focus for Year 8 is 'deserts and glaciated landscapes'. The following pieces show the students have when doing this piece of work. Pupils work by themselves and are given either an animal and its adaptations; or a landform to explain the formation of; or create a survival kit. All of these need to be linked to the climate and the features of the natural landscape. They can choose to make a model or draw a diagram with labels. They need to be able to present this and answer questions from the department staff and senior staff who are invited along to see the work the students have done and talk to them about this in a 'marketplace' style activity. The impact of researching this now at the part way through their KS3 journey, has allowed them to show off their geographical investigative skills and work independently and confidently on something to move them forward into Y9.

The Geography Department

Guys and Dolls Jr.

Congratulations to all the students who have now been cast for our production of **Guys and Dolls Jr.** this year! It really was a very tricky job to decide on our cast, and you worked very hard at the first rehearsal this week. There's one more rehearsal next week (on Tuesday 13th October), following which rehearsals will be every Tuesday and Wednesday through next term. Please make sure you return the consent slip for being in the show as soon as possible, and come to all rehearsals, or let us know in advance if you are unable to make a rehearsal.



The Production Team

Netball Club x Bronze DofE

Netball club on Monday was excellent for at least two reasons - 65 students from across Years 7-9 came to play netball, and were led by 8 Bronze DofE students completing their Volunteering sections! Students started with a range of drills, and then progressed into games against each other, refereed by the DofE volunteers. Thank you to the PE Team for supporting our volunteers, and congratulations to our netballers and volunteers!

DofE on Enhancement Day

Well done to the 149 Bronze DofE students who started work in our DofE training sessions today; it was a great start to their expedition preparation.

Some reminders:

1. All Bronze students should already have started at least 2 of your Skill, Physical, and Volunteering sections. Please add the details of these to eDofE as soon as possible so that they can be approved. You should be aiming to have 1 section finished by Christmas, a 2nd section finished by February half term, and all 3 sections finished and signed off by Easter.

2. Here are the links for some volunteering opportunities in case students haven't already started volunteering:

<https://www.yconnectsystem.org.uk/BromleyVMS2/VolunteerOpportunities/OpportunitySearch>

<https://www.getvolunteering.co.uk/>

3. Please find attached the full training schedule for this year. This can also be found on page 4 of your booklet that students received on the Enhancement Day.

The Bronze DofE Team

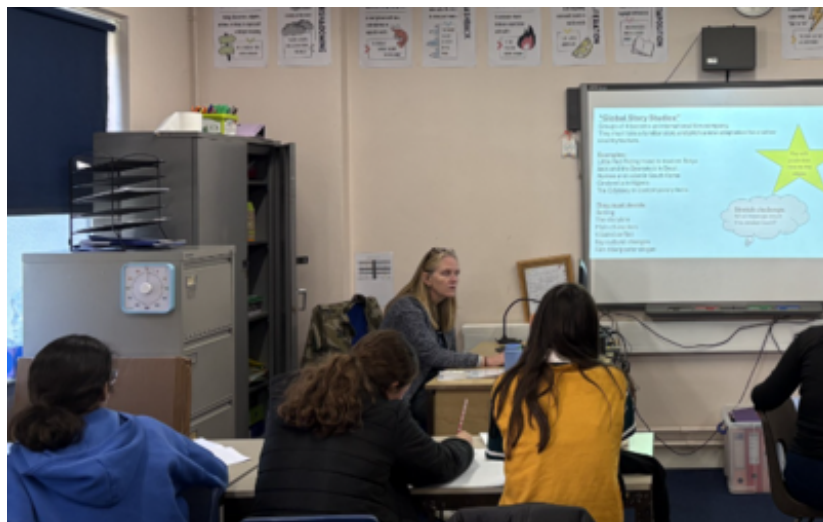
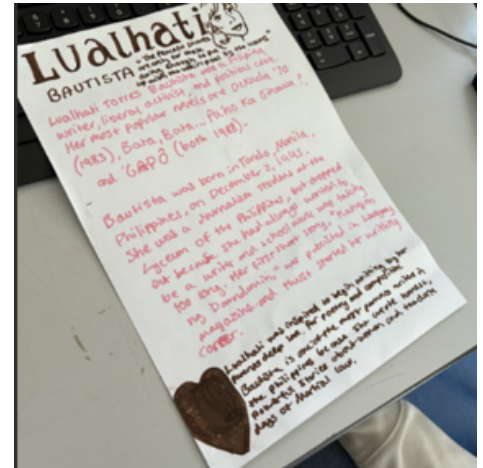
Bronze DofE Planned Training Schedule 2026-27

	Date	Timing	Content
HT1	Thursday 08/10/26	Enhancement Day	Groups, intro to DofE and eDofE, tent pitching and care, using a compass to navigate, cooking & food
HT2	Thursday 05/11/26	3:30-4:30pm	First aid (basic, expedition-based)
	Thursday 12/11/26	3:30-4:30pm	First aid (DR ABC, recovery position, resuscitation)
	Thursday 26/11/26	3:30-4:30pm	Kit care, suitable clothing and footwear, packing a rucksack
	Thursday 03/12/26	3:30-4:30pm	Countryside code, Highway code, awareness of surroundings
HT3	No after school sessions due to Guys and Dolls Jr. – please continue with your sections!		
HT4	Thursday 11/03/27	3:30-4:30pm	Compass use and skills, intro to OS maps
HT5	Thursday 15/04/27	3:30-4:30pm	Navigation skills, intro to map reading, set up route planning
	Thursday 29/04/27	3:30-4:30pm	Route plan 1 practice & qualifying expedition
	Thursday 06/05/27	3:30-4:30pm	Route plan 2 practice & qualifying expedition
	Thursday 13/05/27	3:30-4:30pm	Route plan 3 practice & qualifying expedition
HT6	Thursday 10/06/27	1:15-4:15pm	Collect expedition equipment, final briefing
	Friday-Saturday 11-12/06/27	WEEKEND	PRACTICE EXPEDITION
	Thursday 24/06/27	3:30-4:30pm	Evaluation of Practice Expedition, apply to Qualifying Expedition
	Friday-Saturday 02-03/07/27	WEEKEND	QUALIFYING EXPEDITION
	Tuesday 06/07/27	8:30-11:15am	Kit return

Please let us know if you do need to miss a session for a good reason. Your attendance is expected every week; failure to attend regularly could mean that you are not permitted to complete the expedition with your group, as DofE rules state that all participants must be appropriately trained and prepared. Any necessary changes to this schedule will be communicated in advance.

Year 10: International Literature

Year 10 enjoyed a thought-provoking and engaging Enhancement Day centred on international literature. Across three sessions, students explored why stories change when they cross borders, discovered influential authors from around the world, and examined the issue of banned books across different countries before debating whether books should ever be censored. Students demonstrated excellent curiosity and enthusiasm throughout the day, contributing thoughtful ideas and discussions. The sessions also inspired some fantastic creative responses, with students producing a range of imaginative and insightful pieces of work that reflected their growing appreciation of global literature and the power of storytelling.



Golden Hinde: Year 11 History trip

Our **Year 11** Historians had a fantastic Enhancement Day exploring the Golden Hinde, a full-size replica of the Elizabethan galleon that sailed the seas in the age of the Spanish Armada. Across three groups, students took part in hands-on workshops on board the ship, loading Elizabethan cannons, attempting to raise the anchor and handling historical objects that revealed more about why the Spanish Armada was ultimately defeated. Students were surprised by the sheer weight of even the lightest cannonballs and fascinated to discover how animals shared the ship with up to eighty sailors.

We also uncovered the possible origins of familiar expressions such as “touch wood”, linked to sailors touching carved wooden faces at the base of the mast for luck before climbing the rigging, and “shiver me timbers”, associated with the dramatic shaking of a wooden ship when cannons were fired from one side.

Down in the hold, students used a large map and model ships to trace the key stages of the Spanish Armada’s journey and battle. They gained a vivid insight into the realities of life at sea – everything from rock hard biscuits and scurvy, to the astonishing fact that a survival rate of around 1 in 3 on long voyages could be considered good!

It was a brilliant day of hands-on history, bringing the Elizabethan period to life and giving students the opportunity to experience the challenges faced by sailors over 400 years ago!

Mrs Burbeck, Ms Pryce & Ms Cutting



Headteacher's Break time reception



Isobel, Florence, Molly, Bella, Maisie, Ruby, and Emily, Year 7 were this week's guests for Mrs French's Break time reception. Mrs French was highly entertained and delighted to hear all about their hobbies, interests and what they were looking forward to.

YOUNG GREENWICH



SCHOOL NURSE DROP IN WITH PRISCILLA EVERY THURSDAY IN THE SAFEGUARDING OFFICE



DURING BREAK AND LUNCH TIME



I CAN OFFER 1:1 SUPPORT AND ADVICE IF YOU ARE WORRIED OR HAVE QUESTIONS ABOUT ANY OF THESE THINGS:

- General health issues
- Relationships
- Diet and exercise
- Weight worries
- Growing up
- Sexual health issues

10-0 Victory

U14 Girls' Football: English Schools Cup Success



On Monday, we travelled to **Cornwallis Academy in Maidstone** for our **English Schools Under 14s Cup** fixture. Due to the distance, we left at lunchtime and arrived in plenty of time to prepare for the match.

The girls started the game brilliantly and quickly took control. **Lilian S** produced one of the best halves of football she has played for the school, scoring an incredible five goals before half-time. Many of the goals were almost identical, with excellent through balls being played into space for **Lillian** to run onto and calmly finish.

Although we were in a very comfortable position at the break, the team was determined not to let standards drop and focused on maintaining the pressure throughout the second half. The girls continued their excellent performance, adding a further five goals. **Sophia F** scored a superb hat-trick, **Lillian** added another to her tally, and **Izzy W** rounded off the scoring with a fantastic free-kick that sailed over the goalkeeper's head. **10 -0 win**, I am even more happy with the clean sheet.

It was an outstanding team performance from start to finish and the result sees us progress to the next round of the English Schools Under 14s Cup. Well done, girls!

Squad: Darcy P, Allegra G, Sophia F, Bella P, Sophia C, Megan H, Isobel S, Izzy W, Elsie R, Lillian S, Polly W and Lyla R.

Mr Hunnisett

Lionesses Training Experience at St George's Park



On Tuesday, we had a very early start, arriving at school at 4:40am. We then set off by minibus to **Channing School in North London**, where we met the **FA coach provided by the Alessia Foundation**. From there, we embarked on a three-hour journey to St George's Park, the national football training centre.

The girls were full of excitement when we arrived. We were welcomed by two professional coaches, who delivered training sessions and provided an insight into the standards, expectations, and routines followed by the England teams. After the sessions, we enjoyed lunch before making our way down to the Sir Bobby Charlton Pitch, where the England Lionesses were hosting an open training session.

It was a real privilege to be there. The event was highly prestigious, with wristband access and extensive security measures in place. We watched over an hour of the Lionesses' training, giving the girls a firsthand look at the level of commitment, skill, and concentration required to play professional football. Some of the drills looked incredibly complex and highlighted just how switched on players need to be to perform at the very highest level.

At the end of the session, the entire Lionesses squad came over to meet the supporters. They walked along the line signing autographs, posing for photographs, and chatting with fans. I was particularly impressed by the level of engagement shown by the players. They took the time to speak with the girls, creating memories that will last a lifetime. This was a truly fantastic opportunity, and one that many of the girls may never experience again. However, I hope that one day some of our students will be the players inspiring the next generation during an open training session.

The girls were outstanding throughout the day. They represented the school brilliantly, showed excellent teamwork, and thoroughly enjoyed spending time together on the coach journey. Their behaviour and attitude were exemplary, and they should be very proud of themselves.

Well done, girls! We look forward to many more exciting opportunities in the future.



7-0 victory!

Kent Schools Cup Victory at Bromley High

On Wednesday, we travelled to **Bromley High School** for our Kent Schools Cup fixture. Despite the miserable weather, the girls arrived full of enthusiasm and ready to embrace the challenge ahead.

The conditions were far from ideal. It was cold, wet, and the playing surface was incredibly slippery. Every time the ball hit the ground it gathered pace, making it difficult to control and changing the way the game had to be played. However, after a short period of adjustment, the girls showed great footballing intelligence and adapted brilliantly, taking greater control of the ball and the game.

Some of the football on display was among the best I have seen from this team. The girls linked play superbly, creating triangles all over the pitch and producing some fantastic attacking moves. A special mention must go to **Elsie R**, who delivered several excellent crosses into the box, creating numerous goal-scoring opportunities.

Elsie R opened the scoring with a powerful driven shot into the near post. Our second goal came courtesy of **Paige C**, who made a bursting run from midfield, beating two defenders before finding the back of the net.

In the second half, **Sophia F** was moved up front and produced an outstanding performance, scoring an incredible five goals. To score five times in a single game is a fantastic achievement and a testament to her hard work and determination.

I was incredibly impressed with the girls' dedication, effort, and resilience throughout the match. The conditions made it a real test, but they rolled up their sleeves, battled for every ball, and worked tirelessly right until the final whistle.

A big thank you must also go to Bromley High, who kindly provided the girls with a cookie and a drink after the game. Their hospitality was greatly appreciated.

Well done, girls! Let's take this confidence and momentum into the next round and continue improving as a team.

Darcy P, Allegra G, Sophia F, Bella P, Sophia C, Matilda H, Isobel S, Izzy W, Elsie R, Lillian S, Polly W, Paige C, Aimee P and Lyla R.

Mr Hunnisett



We are very much looking forward to Sports Awards evening next week. I can now announce that we have been really fortunate to secure the services of an outstanding professional sportswoman to give the keynote speech in the evening.

Our speaker is Kellsey King and she is the Performance Psychologist and Wellbeing Lead for Charlton FC Ladies. We are eagerly anticipating her speech and I know the girls will learn much from her knowledge and experience.

We have a few seats remaining - should you wish to add further seats/join us, please complete the link on Eventbrite by Tuesday 13th October at the latest.

[Sports Awards 2026 Tickets, Thursday, October 15th 5.30 - 7.00 pm Eventbrite](#)

We look forward to seeing you then

Miss Harper



Oxford Medicine Students talk on applications for Medicine and selective universities



Hermione came to speak about her application journey for Medicine at Oxford. She explained how to use the UCAS website effectively- not just looking at course requirements but also checking average entry statistics and job progression percentages. This was really helpful because it made it easier for everyone to compare courses and decide which ones suited them best. She touched on applying strategically and being well informed when choosing an insurance option. She also talked about the importance of completing and reviewing personal statements for interviews, as well as keeping up with emails from schools that provide interview details and topics to prepare. Since she studies the same subjects as most of us Med students, she shared some useful tips for Biology and Chemistry too. Hermione also told us how to prepare for interviews. All of this information is so helpful as we prepare to make our early applications to UCAS.

Ini, Zahara, Mayah and Vivael

The Turing Summer Experience

During the summer holiday, I participated in The Turing Summer Experience, run by The Alan Turing Institute in partnership with The Brilliant Club. Throughout the week, I met researchers and professionals that enabled me to gain a broader understanding of careers in data science and artificial intelligence. I worked alongside other students to explore ethical issues surrounding the use of AI and personal data, collaborate on projects using GitHub, and take part in challenges involving cryptography, computer vision, coding, and language modelling. One of my favourite activities was coding an Arduino board to crack open a safe. We were even given one to take home and continue experimenting with! The programme was engaging, challenging, and it expanded my knowledge of areas in computer science beyond what I study in school. I would highly recommend the programme to anyone interested in computer science, coding, or AI. My highlights were the challenges we completed, the connections I made, and the surprisingly extravagant free food!

Toluwa, Year 13





THE SUPPORT SIGNPOST

A regular guide to help you find the right support, advice and resources for yourself or someone you care about.

This week the focus is on finding counselling or therapeutic support:



Providing a safe, confidential space to individuals experiencing difficulties in resolving life's issues

<http://www.westmeriacounselling.co.uk>



A space created to provide a listening ear and a helping hand. You don't have to face challenges alone.

<https://weforyou.org.uk>



Providing online and face to face one-to-one and couple, counselling or psychotherapy sessions, with a trained professional. The therapists work with depression, anxiety, addictions, abuse, and other traumas.

<http://www.counsellingforlife.com>



Bromley Y is the children and young people's emotional wellbeing charity running the Mental Health and Emotional Wellbeing Service for Children and Young People. Use this link to book FREE webinars for parents and young people:

[Bromley Y](#)



Blgmind.org.uk 01689 811 222



Chislehurst School
for Girls

Songfest 2026

Year 7 Songfest is taking place on **Wednesday 14th October**. This is Year 7s first opportunity to perform in a concert at Chislehurst School for Girls. It is also their first performance assessment! All Year 7 have been busy learning a selection of songs in their Music lessons which they will be performing in the concert.

Parents and carers are welcome to attend the concert which starts at 4.00 pm and lasts for approximately an hour. A letter has gone out this week with further details about the event and how to reserve a ticket. Tickets can only be reserved through **Eventbrite** using the link below. We are initially limiting tickets to one seat per student to allow as many of our young people to be supported as possible.

[Click here to purchase Songfest tickets](#)

We do hope to see as many of you as possible on Wednesday 14th October for your daughters' first (and hopefully not last!) concert at our school.

Miss Lowing



Music clubs and instrumental lessons



We are still welcoming both new and old faces to our music clubs; you can sign up using SOCS or just turn up and ask in the Music Department, where there are always friendly Music Legends around to help. There's plenty of space in Year 7 Choir for our newest students, and with at least 5 performances all lined up before Christmas, we've got plenty to do!

Our instrumental teachers are busier than ever, and we're so appreciative of their excellent tuition. If you're interested in signing up for individual instrumental lessons, please go to the main school website, then click Students then Clubs to find the application form, or click on the link here: [Music Clubs](#)



The Music Department

Just add *Harp*

Try the harp with Gwen!

With degrees from The Juilliard School, New York and the Royal Academy of Music, London, Gwenllian has over 20 years of teaching experience. Her students have won numerous national and international awards, with a 100% success rate in exams and a love of music to last a lifetime!

Trial lesson

£20

- Learn the basic technique
- Try your hand at pretty glisses
- Play some fun music

www.GwenllianLlyr.co.uk



Spaces available now!

Contact the music department to arrange a trial.

Music Clubs 2026-27

MONDAY

Choir 12:45-1:15 N10 ALL Y8-13 WELCOME – COME AND SING!

Be part of our
music family

TUESDAY

String Orchestra 12:45-1:15 N11 STRING PLAYERS WELCOME

Senior Steel Pans 12:45-1:15 N12

KS4 WITH STEEL PAN EXPERIENCE WELCOME

Practice Club 12:45-1:15 N10 ALL KS3 WELCOME TO PRACTISE

Guys & Dolls Jr. Rehearsals 3:15-4:30 MAIN HALL FULL CAST

Collect
achievement points

WEDNESDAY

Wind Band 12:45-1:15 N11 WOODWIND & BRASS PLAYERS WELCOME

Junior Steel Pans 12:45-1:15 N12

ALL Y7 WELCOME, NO EXPERIENCE NECESSARY

Guys & Dolls Jr. Rehearsals 3:15-4:30 MAIN HALL FULL CAST

Perform in
concerts, our first
carol service,
& the Bromley
Schools Prom

THURSDAY

Intermediate Steel Pans 12:45-1:15 N12

Y8-9S WITH STEEL PAN EXPERIENCE WELCOME

Practice Club 12:45-1:15 N10 ALL KS3 WELCOME TO PRACTISE

Coursework support 12:45-1:15 N11

ALL GCSE / A-LEVEL MUSIC STUDENTS WELCOME

Get invited on
trips & tours

Make friends

FRIDAY

Year 7 Choir 12:45-1:15 N11 ALL Y7 WELCOME – COME AND SING!

Chamber Choir 12:45-1:15 N10 Y8-13 WELCOME BY AUDITION

Coursework support 3:30-4:30 N11

ALL GCSE / A-LEVEL MUSIC STUDENTS WELCOME

Enjoy making
music

JOIN IN!

Astroturf Footwear and Rules

We would like to take this opportunity to remind you of the rules and procedures that we are putting in place to ensure the safety of the students, and also the longevity and care of the astroturf itself.

Footwear

Students must have and wear correct footwear in order to be permitted to use the astroturf at any time, both in PE lessons and in extra-curricular PE activities. Please see the table below:

Students without correct footwear will need either to borrow correct footwear or will not be able to participate. Sports trainers therefore remain the most versatile footwear for all sports and activities, whether these are being taught and played on the astroturf, the field, or inside.

Footwear must also be clean in order to use the astroturf; there are boot scrapers at the entrance which must be used if trainers/boots are muddy.

Please be aware that external hirers of our astroturf are being expected to wear only football boots or moulded studs. We are permitting sports trainers in school so that the astroturf is accessible to all students, as it should be, within our lessons and extra-curricular activities.

Additional rules

Students must not leave litter in the astroturf enclosure, either on the pitch or in the spectator area.



Permitted	Not Permitted
· Sports Trainers (any colour) · Football boots (plastic studs) · Moulded boots (plastic studs)	· Flat-soled fashion trainers (e.g. Converse/Vans/basketball trainers) · Bladed boots or metal studs · School shoes

- Water bottles etc. must be cleared after lessons/extra-curricular activities.
- No chewing gum to be brought into the astroturf area, either the pitch or the spectator area.
- No food to be eaten in the astroturf area, either the pitch or the spectator area.
- No jewellery to be worn in the astroturf area, either the pitch or the spectator area.

We would appreciate it if you could discuss these rules with your child before school resumes next term. We will be reinforcing these expectations within PE lessons so that our whole school community is aware of them.

Thank you very much.

The PE Department

TARIFF SEPTEMBER 2026

Cucina IFG

BREAKFAST	PRICE	HOMEBAKES	PRICE
Breakfast Roll	£1.60	Muffins	£1.45
Mini Breakfast Baguette	£1.60	Small Cakes/Cookies	£1.15
Breakfast Pot – 3 Piece	£2.30	Cookies/Brownie	£1.45
Bagel	£2.75	Traybakes	£1.45
Toast with Butter or Jam	£0.40	HOT GRAB & GO	
Homemade Pancakes with Fruit Toppings	£1.45	Bagel	£3.00
Toasted Teacake	£1.45	Panini – Half/Whole	£1.60/£2.90
Cereal + Milk 8oz	£1.05	Toastie – Whole	£3.20
Porridge for Students	Free	French Toast	£1.45
Porridge for Staff	£1.05	Twister	£3.00
Porridge Toppings	£0.50	Chicken Wings	£2.45
COLD GRAB & GO		Hot Pasta Pot – Medium/Large	£2.05/£2.60
Chill Deal Roll	£1.50	Pizza Slice (Break Time)	£1.70
Deli Sub Roll	£2.40	Giant Sausage Roll	£2.20
Wrap	£2.95	Soups & Broths	£1.90
Premium Salads	£3.00	Quesadilla	£1.45
Whole Sandwiches	£2.40	Jacket Potato – 1 Topping	£2.25
Half Baguette	£1.60	ALL POWER BITES	
Cold Pasta Pot – 16oz	£2.60	Range of Nutritious Rice & Noodle Dishes	£1.45
Houmous & Vegetable Crudites	£1.70		
Protein Pots	£1.00		
Salad Pots	£2.00		
Jelly/Yoghurt/Fruit Pots	£1.00		
Whole Fruit	£0.55		

VAT on hot food and beverages will be charged at the current rate for all staff members

TARIFF SEPTEMBER 2026

Cucina IFG

DRINKS	PRICE	BREAKFAST	PRICE
Water 500ml	£1.20	Breakfast Roll	£1.60
Fruit Slush	£1.50	Mini Breakfast Baguette	£1.60
Capri Sun	£1.35	Breakfast Pot – 3 Piece	£2.30
Dalston Cans	£1.50	Bagel	£2.75
Radnor 200ml Carton	£1.20	Toast with Butter or Jam	£0.40
Milk/Flavoured Carton	£1.20	Homemade Pancakes with Fruit Toppings	£1.45
HOMEBAKES		Toasted Teacake	£1.45
Muffins	£1.45	Cereal + Milk 8oz	£1.05
Small Cakes/Cookies	£1.15	Porridge for Students	Free
Cookies/Brownie	£1.45	Porridge for Staff	£1.05
Traybakes	£1.45	Porridge Toppings	£0.50
HOT GRAB & GO		COLD GRAB & GO	
Bagel	£3.00	Chill Deal Roll	£1.50
Panini – Half/Whole	£1.60/£2.90	Deli Sub Roll	£2.40
Toastie – Whole	£3.20	Wrap	£2.95
French Toast	£1.45	Premium Salads	£3.00
Twister	£3.00	Whole Sandwiches	£2.40
Chicken Wings	£2.45	Half Baguette	£1.60
Hot Pasta Pot – Medium/Large	£2.05/£2.60	Cold Pasta Pot – 16oz	£2.60
Pizza Slice (Break Time)	£1.70	Houmous & Vegetable Crudites	£1.70
Giant Sausage Roll	£2.20	Protein Pots	£1.00
Soups & Broths	£1.90	Salad Pots	£2.00
Quesadilla	£1.45	Jelly/Yoghurt/Fruit Pots	£1.00
Jacket Potato – 1 Topping	£2.25	Whole Fruit	£0.55
ALL POWER BITES			
Range of Nutritious Rice & Noodle Dishes	£1.45		

VAT on hot food and beverages will be charged at the current rate for all staff members

WEEK 1

Week Commencing:
07/09/26 28/09/26 19/10/26

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

MONDAY

Beef & Lentil Bolognese with Pasta & House Salad

TUESDAY

Bang Bang Chicken with Soy & Mixed Rice

WEDNESDAY

Glazed Gammon, Crisp Roasties, Seasonal Vegetables & Roast House Gravy

THURSDAY

Chicken Tikka & Chickpea Masala, Braised Rice & Kachumber Salad

FRIDAY

Chip Shop "Fryday" Fish, Salmon Fishcake or Pizza with Chips, Peas & Tartare Sauce

VEGETARIAN MAIN MEALS

MONDAY

Plant Based Bolognese with Pasta & House Salad (V)

TUESDAY

Bang Bang Eat Curious with Soy & Mixed Rice (V)

WEDNESDAY

Vegetable "Squashage" Roll with Crispy Roasties, Seasonal Vegetables & Roast House Gravy (V)

THURSDAY

Cauliflower, Courgette & Chickpea Rosti with Braised Rice, Kachumber Salad & Minted Yoghurt Dressing (V)

FRIDAY

Vegan Chickpea & Coriander Burger with Fries (VE)

DESSERTS

MONDAY

Spiced Pineapple Cake

TUESDAY

Chocolate & Banana Brownie

WEDNESDAY

Sticky Ginger Cake

THURSDAY

Daily Apple Crumble

FRIDAY

Hot Chocolate Rocky Road

Fruit and Jelly Pots Available Daily

JACKET POTATOES

Topped with a Choice of: Cheese, Tuna or Beans Available Daily

WEEK 2

Week Commencing:
24/08/26 14/09/26 05/10/26 26/10/26

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

MONDAY

Pork Sausage (Beef Cassing) & Mashed Potatoes with Onion Gravy

TUESDAY

Cajun Chicken, Tomato & Sweetcorn Wholewheat Pasta Bake with House Salad

WEDNESDAY

Roast Breast of Turkey, Crisp Roasties, Seasonal Vegetables & Roast House Gravy

THURSDAY

Sweet & Sour Chicken with Carrot Rice

FRIDAY

Chip Shop "Fryday" Fish, Salmon Fishcake or Pizza with Chips, Peas & Tartare Sauce

VEGETARIAN MAIN MEALS

MONDAY

Vegan BBQ Boston Bean Sausage Casserole & Mash (VE)

TUESDAY

Lentil & Chickpea Dahl with Roasted Tikka Cauliflower & Steamed Rice (V)

WEDNESDAY

Cheese & Potato Pie with Roast Potatoes, Seasonal Vegetables & Roast House Gravy (V)

THURSDAY

Crunchy French Onion & Leek Macaroni Cheese with House Salad (V)

FRIDAY

Vegan Moroccan Spiced Butternut Squash Pasty with Chips & Peas (VE)

DESSERTS

MONDAY

Chocolate Sponge with Chocolate Sauce

TUESDAY

Pear & Apple Orchard Crumble

WEDNESDAY

Cocoa Bread & Butter Pudding

THURSDAY

Jam & Coconut Sponge

FRIDAY

Apple Traybake

Fruit and Jelly Pots Available Daily

JACKET POTATOES

Topped with a Choice of: Cheese, Tuna or Beans Available Daily

WEEK 3

Week Commencing:
31/08/26 21/09/26 12/10/26

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

MONDAY

Mexican Beef Nacho Pasta Bake

TUESDAY

BBQ Chicken with Salt 'n' Pepper Wedges, Asian Slaw & Garden Peas

WEDNESDAY

Roast Pork, Crisp Roasties, Seasonal Vegetables & Roast House Gravy

THURSDAY

Fragrant Lemon & Herb Chicken with Spicy Rice

FRIDAY

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas and Tartare Sauce

VEGETARIAN MAIN MEALS

MONDAY

No Waste Cauliflower Cheese Pasta Bake (V)

TUESDAY

Chipotle Quorn Dippers with Salt 'n' Pepper Wedges, Asian Slaw & Garden Peas (V)

WEDNESDAY

Roasted Vegetable & Chickpea Pastry Roll with Crisp Roasties, Seasonal Vegetables & Roast House Gravy (V)

THURSDAY

Hot Maple & Cajun Quorn Fillet with Spicy Rice (V)

FRIDAY

Crispy Chickpea & Vegetable Pakora Burger with Mango Slaw, Chips & Peas (V)

DESSERTS

MONDAY

Sticky Lemon Sponge

TUESDAY

Mixed Berry & Apple Crumble

WEDNESDAY

Chocolate & Whole Banana Puff Pastry Pinwheel

THURSDAY

Nut Free Bakewell Sponge

FRIDAY

Hot Chocolate Rocky Road & Custard

Fruit and Jelly Pots Available Daily

JACKET POTATOES

Topped with a Choice of: Cheese, Tuna or Beans Available Daily

Cucina



MADE
YOUR
WAY!

CHOOSE IT!
ADD IT!
TOP IT!

Switch up your flavours with our street food-inspired range, available **Tuesday to Thursday**.
With weekly rotating choices, there's always something tasty.

Choose a base, add protein, and top it your way!

Visit the restaurant to check out what's on offer each week

NATURally

MONDAY

Vegan Singapore Noodles (VE)

TUESDAY

The Big Plant Burger (VE)

WEDNESDAY

Roasted Butternut, Sweetcorn & Chipotle Pasta (VE)

THURSDAY

Maple & Chili Cauliflower Wings with Cajun Wedges (VE)

FRIDAY

Garlic & Chili Noodles (VE)

TRATTORIA

MONDAY

Pasta in Cheese Sauce

TUESDAY

Tomato & Basil Pasta

WEDNESDAY

Margherita or Pepperoni Pizza

THURSDAY

Creamy Pesto Pasta

FRIDAY

Margherita Pizza

Cucina



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NATURally

MONDAY

Garlic and Chili Noodles (VE)

TUESDAY

Singapore Fried Rice (VE)

WEDNESDAY

Lentil & Chickpea Dahl with Crispy Bombay Potatoes (VE)

THURSDAY

The Big Plant Burger (VE)

FRIDAY

Vegan Singapore Noodles (VE)

TRATTORIA

MONDAY

Pasta in Cheese Sauce

TUESDAY

Tomato & Basil Pasta

WEDNESDAY

Margherita or Pepperoni Pizza

THURSDAY

Creamy Pesto Pasta

FRIDAY

Margherita Pizza

Cucina



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TOP IT!

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NATURally

MONDAY

Vegan Singapore Noodles (VE)

TUESDAY

The Big Plant Burger (VE)

WEDNESDAY

Pesto Pasta with Roasted Tomatoes (VE)

THURSDAY

Onion Bhaji Skewer with Bombay Potatoes (VE)

FRIDAY

Garlic & Chili Noodles (VE)

TRATTORIA

MONDAY

Pasta in Cheese Sauce

TUESDAY

Tomato & Basil Pasta

WEDNESDAY

Margherita or Pepperoni Pizza

THURSDAY

Creamy Pesto Pasta

FRIDAY

Margherita Pizza

HALF TERM LACROSSE CAMPS



10:00am - 3:00pm

October 26th, 27th, 28th 29th 30th

A fun and exciting lacrosse camp for players of all abilities. Whether you are new to the sport or already play regularly, our camp is designed to help players develop skills, build confidence, make friends and enjoy the game in a positive environment.

Sessions will include:

Skills and drills | Small-sided games | Team activities | Fitness

What to Bring:

Sports clothes | Football boots or trainers

Water bottle | Snacks | Packed lunch | Any required medication

Come and experience one of the fastest growing sports in the UK

Coach Mike Barret -

40+ years lacrosse experience

England Lacrosse Insured

Full Enhanced DBS

School Safeguarding Compliant



**£45 PER DAY
(INCL OF VAT)**



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SCOUT HUT

Midfield Way, Orpington

BR5 2QL

To book please email or use
the booking link below

CLICK HERE

Holiday Lacrosse Camp

mbctsuk@gmail.com

07787 510631

WWW.MBLACROSSE.CO.UK

